PENZANCE PORTHCURNO LAND'S END SENNEN COVE ST JUST BOTALLACK GURNARD'S HEAD ST IVES **CARBIS BAY** MARAZION



have an adventure by bus on one of these other spectacular rides

OPENTOP Atlantic Coaster

Bluff headlands and blissful beaches all the way down the Atlantic coast between Padstow, Newquay and St Ives.

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The best way to see Falmouth and Pendennis Castle from a whole new perspective.

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Dartmoor Explorer A scenic ride over the wild moorland

landscapes of Dartmoor from Plymouth or Exeter.

OPEN TOP Discover Exeter See the sights of this cathedral city from an open-top bus.

OPENTOP Exmoor Coaster

Up and down some of the steepest roads in the land through dramatic scenery where Exmoor meets the Bristol Channel.

information tickets

adventuresbybus.co.uk



Penzance | Land's End | St Ives | Penzance

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		0838	0938	1038	1138	1238	1338	1438	1538	1638	1738
		0844	0944	1044	1144	1244	1344	1444	1544	1644	1744
		0849	0949	1049	1149	1249	1349	1449	1549	1649	1749
		0856	0956	1056	1156	1256	1356	1456	1556	1656	1756
		0903	1003	1103	1203	1303	1403	1503	1603	1703	1803
		0915	1015	1115	1215	1315	1415	1515	1615	1715	1815
		0919	1019	1119	1219	1319	1419	1519	1619	1719	1819
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	0840	0940	1040	1140	1240	1340	1440	1540	1640	1740	1840
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	0945	1045	1145	1245	1345	1445		1645	1745	1845	1945
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	1010	1110	1210	1310	1410	1510	1610	1710	1810	1910	2010
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											2020
0926	1026	1126	1226	1326	1426	1526	1626	1726	1826	1926	2026
0929	1029	1129	1229	1329	1429	1529	1629	1729	1829	1929	2029
0940	1040	1140	1240	1340	1440	1540	1640	1740	1840	1940	2038
0950	1050	1150	1250	1350	1450	1550	1650	1750	1850	1950	
0957	1057	1157	1257	1357	1457	1557	1657	1757	1857	1957	
1002	1102	1202	1302	1402	1502	1602	1702	1802	1902	2002	
1007	1107	1207	1307	1407	1507	1607	1707	1807	1907	2007	
1010	1110	1210	1310	1410	1510	1610	1710	1810	1910	2010	
1020	1120	1220	1320	1420	1520	1620	1720	1820	1920	2020	
	0929 0940 0950 0957 1002 1007	0845 0855 0900 0904 0915 0919 0923 0925 0929 0935 0940 0945 0953 1000 1010 0920 1020 0926 1026 0929 1029 0940 1040 0950 1050 0957 1057 1002 1102 1007 1107	0833 0838 0844 0849 0856 0903 0915 0919 0932 0840 0940 0845 0945 0855 0955 0900 1000 0904 1004 0915 1015 0919 1019 0923 1023 0925 1025 0929 1029 0935 1035 0940 1040 0945 1045 0953 1053 1000 1100 1010 1110 0920 1020 1120 0926 1026 1126 0929 1029 10940 1040 1140 0950 1050 1150 0957 1057 1157 1002 1102 1202 1007 1107 1207 1010 1110 1210	0833 0933 0838 0938 0844 0944 0849 0949 0856 0956 0903 1003 0915 1015 0919 1019 0932 1032 0840 0940 1040 0845 0945 1045 0855 0955 1055 0900 1000 1100 0904 1004 1104 0915 1015 1115 0919 1019 1119 0923 1023 1123 0925 1025 1125 0929 1029 1129 0935 1035 1135 0940 1040 1140 0945 1045 1145 0953 1053 1153 1000 1100 1200 1010 1110 1210 0920 1020 1120 1220 0926 1026 1126 1226 0929 1029 1129 1229 0940 1040 1140 1240 0950 1050 1150 1250 0957 1057 1157 1257 1002 1102 1202 1302 1007 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Penzance | St Ives | Land's End | Penzance

Penzance bus station			0900	1000	1100	1200	1300	1400	1500	1600	1700	1800
Penzance heliport			0906	1006	1106	1206	1306	1406	1506	1606	1706	1806
Long Rock Mexico Inn			0909	1009	1109	1209	1309	1409	1509	1609	1709	1809
Marazion Square			0915	1015	1115	1215	1315	1415	1515	1615	1715	1815
Marazion cemetery			0918	1018	1118	1218	1318	1418	1518	1618	1718	1818
Crowlas Star Inn			0925	1025	1125	1225	1325	1425	1525	1625	1725	1825
St Ives Holiday Village arrive			0935	1035	1135	1235	1335	1435	1535	1635	1735	1835
St Ives Holiday Village		0840	0940	1040	1140	1240	1340	1440	1540	1640	1740	1840
Lelant village hall		0848	0948	1048	1148	1248	1348	1448	1548	1648	1748	1848
Carbis Bay Longstone Cross		0851	0951	1051	1151	1251	1351	1451	1551	1651	1751	1851
St Ives Malakoff bus station arrive		0857	0957	1057	1157	1257	1357	1457	1557	1657	1757	1857
stay on bus - no need to change		•	•	•	_	•	•	•	•	•	•	
St Ives Malakoff bus station <i>depart</i>		0910	1010	1110	1210	1310	1410	1510	1610	1710	1810	
St Ives Cinema		0914	1014	1114	1214	1314	1414	1514	1614	1714	1814	
Trevalgan Touring Park turn		0922	1022	1122	1222	1322	1422	1522	1622	1722	1822	
Zennor main road		0930	1030	1130	1230	1330	1430	1530	1630	1730	1830	
Treen Gurnard's Head Hotel		0936	1036	1136	1236	1336	1436	1536	1636	1736	1836	
Car Calver Engine House		0944	1044	1144	1244	1344	1444	1544	1644	1744	1844	
Morvah phonebox		0948	1048	1148	1248	1348	1448	1548	1648	1748	1848	
Pendeen Boscaswell Stores		0953	1053	1153	1253	1353	1453	1553	1653	1753	1853	
Geevor Tin Mine		0955	1055	1155	1255	1355	1455	1555	1655	1755	1855	
Botallack main road		0959	1059	1159	1259	1359	1459	1559	1659	1759	1859	
St Just bus station	0908	1008	1108	1208	1308	1408	1508	1608	1708	1808	1908	
Land's End Airport	0915	1015	1115	1215	1315	1415	1515	1615	1715	1815	1915	
Sennen Sunny Corner	0919	1019	1119	1219	1319	1419	1519	1619	1719	1819	1919	
Sennen Cove	0930	1030	1130	1230	1330	1430	1530	1630	1730	1830	1930	
Sennen First & Last	0935	1035	1135	1235	1335	1435	1535	1635	1735	1835	1935	
Land's End arrive	0940	1040	1140	1240	1340	1440	1540	1640	1740	1840	1940	
stay on bus - no need to change	•	_	•	•	•	•	•	•	•	•	•	
Land's End depart	0948	1048	1148	1248	1348	1448	1548	1648	1748	1848	1948	
Polgigga duck pond	0954	1054	1154	1254	1354	1454	1554	1654	1754	1854	1954	
Porthcurno car park	1005	1105	1205	1305	1405	1505	1605	1705	1805	1905	2005	
Treen bus shelter for Penberth Cove	1013	1113	1213	1313	1413	1513	1613	1713	1813	1913	2013	
St Buryan post office	1021	1121	1221	1321	1421	1521	1621	1721	1821	1921	2021	
Lamorna turn	1028	1128	1228	1328	1428	1528	1628	1728	1828	1928	2028	
Sheffield Long Row	1033	1133	1233	1333	1433	1533	1633	1733	1833	1933	2033	
Newlyn bridge	1039	1139	1239	1339	1439	1539	1639	1739	1839	1939	2039	

1 day 2 days 3 days 7 days

1043 1143 1243 1343 1443 1543 1643 1743 1843 1943 2043

1050 1150 1250 1350 1450 1550 1650 1750 1850 1950 2050

first adventurer £15 £20 £25 £30 extra adventurers £7.50 £10 £12.50 £15 travelling with you

Penzance opp Jubilee Pool

Penzance bus station

direct buses from Penzance to St Just & Pendeen

Mondays to Saturdays except public holidays

Penzance bus station stand C	0705 0805 0905	80
Trengwainton Gardens	0717 0817 0917	81
St Just Bus Station		83
Botallack Queen's Arms		83
Geevor Tin Mine	0739 0839 0940 until	84
Pendeen Boscaswell Estate	0744 0844 0944	84
Pendeen Boscaswell Estate	0655	
Goover Tin Mine	0658 1758	

Trengwainton Gardens runs 5 mins later at

Botallack Queen's Arms

Penzance bus station

Sundays & public holidays			
Penzance bus station stand C	0835		1735
Trengwainton Gardens	0854	+1	1754
St Just Bus Station	0908	then	1808
Botallack Queen's Arms	0912	hourly until	1812
Geevor Tin Mine	0917	Until	1817
Pendeen Boscaswell Estate	0921		1821

endeen Boscaswell Estate	0922		17
Seevor Tin Mine	0925	+1	17
otallack Queen's Arms	0929	then	17
t Just bus station	0935	until	17
rengwainton Gardens	0949	Until	17
enzance bus station	1011		18

f you want a quicker ride out from Penzance to St Just, Geevor Tin Mine or Pendeen, or a speedier trip back to Penzance, use this bus service - your adventures by bus ticket is valid on this

/ atch out for extra evening trips we'll be running on the

V Land's End Coaster to let

you gaze out over the Atlantic Ocean

There are also occasional firework

displays that are truly spectacular.

Check out the website or

look out for posters

and watch some dramatic, fiery

sunsets.



et off the bus, get off the beaten track and get great gulps of intoxicating fresh Atlantic air in your lungs. With dramatic headlands, sandy beaches and awesome views to die for, a walk along just about any section of the South West Coast Path is hugely enjoyable. Many are shown on the

And you can catch a later bus back further on without having to retrace your steps. The walk from Porthcurno to Land's End is really spectacular.

map in this leaflet.

One of the great joys of walking along any of the paths shown is all the birds, plants and other wildlife you are likely to encounter on the way.

Some sections will be a bit steeper than others and some might be a little rough under foot, so do make sure you're wearing suitable shoes. Heels are not a good idea,

however fab they look!



ave a great adventure

enjoying the rugged

of Cornwall's spectacular coast

on this fabulous open-top

Although there are many

more or less where you like.

wherever it's safe - just raise

your arm in good time so the

Buses will try to stop

driver sees you.

marked bus stops, along rural

sections you can get on and off

bus ride.

scenery around this part



ousehole has narrow streets filled with small shops, galleries and restaurants, while local cottages built from finely grained granite huddle around the inner edge of the picturesque harbour of this charming fishing village.

Get there on the Mousehole bus from Penzance.



Mondays to Saturdays except public holidays

enzance bus & rail stn stand A	0630	0700	0730	0800	0830	0900	0920	0940
verton The Ropewalk	0636	0706	0736	0806	0836	0906	0926	0946
ewlyn Bridge	0640	0710	0740	0810	0840	0910	0930	0950
ewlyn Red Lion	0643	0713	0743	0813	0843	0913	0933	0953
ousehole Harbour	0648	0718	0748	0818	0848	0918	0938	0958

Mousehole Harbour

Alverton The Ropewalk

Penzance bus & rail station

Newlyn Red Lion

Newlyn Bridge

Newlyn Red Lion

Alverton The Ropewalk

Penzance bus & rail station

Newlyn Bridge

0656 0726 0756 0826 0856 0926 0946 0702 0732 0802 0832 0902 0932 0952 0705 0735 0805 0835 0905 0935 0955 0709 0739 0809 0839 0909 0939 0959 0717 0747 0817 0847 0917 0947 1007

1832 1902 2002 2102 2202 2312

1835 1905 2005 2105 2205 2315

1839 1909 2009 2109 2209 2319

1847 1917 2017 2117 2217 2327

06 26 46

706 1726 1756 1826 1856 1956 2056 2156 2306 1712 1732 1802 1832 1902 2002 2102 2202 2312 **15 35 55** Until 1715 1735 1805 1835 1905 2005 2105 2205 2315 1719 1739 1809 1839 1909 2009 2109 2209 2319 1727 1747 1817 1847 1917 2017 2117 2217 2327

Sundays & public holidays

	Jonady Japon	nic Hondays	
Penzance bus & rail stn stand A	0900 0930	00 30	1800 1830 1930 2030 2130 2240
Alverton The Ropewalk	0906 0936 then	06 36	1806 1836 1936 2036 2136 2246
Newlyn Bridge	0910 0940	10 40 until	1810 1840 1940 2040 2140 2250
Newlyn Red Lion	0913 0943 these	13 43	1813 1843 1943 2043 2143 2253
Mousehole Harbour	0918 0948 mins	18 48	1818 1848 1948 2048 2148 2258
Mousehole Harbour	0926 0956 thon	26 56	1826 1856 1956 2056 2156 2306

32 02

35 05

39 09

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0939 1009

0947 1017



1700 1730 1800 1830 1930 2030 2130 2240

1706 1736 1806 1836 1936 2036 2136 2246

1710 1740 1810 1840 1940 2040 2140 2250

1713 1743 1813 1843 1943 2043 2143 2253

1718 1748 1818 1848 1948 2048 2148 2258

Penzance

ear the top of Chapel Street, the town's most historic thoroughfare, is the Egyptian House, built in 1836 during a national craze for Egyptology, while further down is the Turk's Head, thought to be the oldest pub in the town.

Take a stroll around Market Jew Street, and Causeway Head to discover shops along the the alleys heading out from these.

Newlyn

rt is never far away in this part of Cornwall and these galleries showcase the very best of national and international contemporary art, as well as work by some of the best artists currently working in the region. newlynartgallery.co.uk 01736 363 715

Portheurno

s you can see in the picture below, the beach at Porthcurno is just stunning. It has soft sand and a steeply shelving beach, but the stream at the top of the beach is ideal for children to paddle in.

There are cafés and toilets nearby and spectacular walks leading away from it.

Telegraph Museum

his was the hub of international cable communications from 1870 to 1970 and a training college for the communications industry until 1993.

During the Second World War, secret tunnels were dug by Cornish miners to house an underground building and complete telegraph operations, and these bomb-proof, gas-proof tunnels provided 14 secure cables out of the UK to its allies. It's a fascinating place to explore.



Enjoy cakes freshly baked by the museum's chef, and beautifully prepared seasonal salads using organic leaves from chef's own vegetable patch. Fish is sourced from nearby Newlyn, smoked meats from St Ives, and the Cornish clotted cream comes from the family-run Trewithen Dairy -

01736 810 966

Minack Theatre

ornwall's world famous open-air theatre, created by Rowena Cade in the 1930s, is carved into the granite cliff and set in glorious gardens overlooking the spectacular panorama of Porthcurno Bay.

Theatre season is May to September, but it's a great place to visit during the day, with exotic sub-tropical gardens adding colour.

Discover how Rowena built this place, then relax in the café that overlooks the theatre and soak up the magic that is Minack.

It's closed when matinée performances and children's storytelling performances are on - check before visiting. minack.com 01736 810 181









St Ives

urrounded by gorgeous beaches, this pretty town arcs around the harbour with fishing boats bobbing in the sea. There are trips round the bay to take, or wander around the historic web of cobbled streets to discover

Artists have flocked to St Ives for many years and it still has a buzzing creative scene. Take a look at the famous Leach Pottery, founded in 1920, which has contemporary

charming independent shops, interesting galleries, and great cafés and restaurants, whether you want a quick cappuccino or nice meal.

sparkling seawater ideal for swimming, sunbathing and, of course, building sandcastles!

Botallack

St Just



Nancledra &

Gulval

Long Rock

Penzance

New Mill

Madron

/ ith stunning views over the Atlantic V Ocean, this gallery showcases works by the St Ives Modernists like Barbara Hepworth and Ben Nicholson alongside an ever-changing programme of thoughtprovoking exhibitions.

St Ives

Longstone

park&ride

St Erth ""

Goldsithney

Perranuthnoe

Carbis Bay

Canon's Town

Whitecross



Geevor Tin Mine

ineral mining in Cornwall began 4,000 years ago, and by the 19th century, Cornwall became the world's leading supplier of copper. By 1860, tin was Cornwall's most important metal export and this continued through much of the 20th century.

go back in time and learn about the people that worked



verywhere you look the scenery is breathtaking, with ever-changing views of the Atlantic ocean, like this one below of Cape Cornwall.



Sennen Cove

ith a few shops, nice cafés and a great pub in a beautiful setting, Sennen Cove is a delight. Whitesands Beach is ideal

The Roundhouse and Capstan Gallery is a showcase for Cornish art and craft, with work by popular Cornish artists. It was built to house the capstan wheel which used to winch boats up and down the slip, originally part of the winding gear of a local tin mine before the advent of steam.

call to check summer 2020 opening hours round-house.co.uk 01736 871 859

Land's End

utting out into the Atlantic Ocean, this is the most westerly point of England. Enjoy a coffee, lunch or delicious cream tea, or visit the craft-workers at Greeb Farm. There's a shopping village, too, and a resident artist in the Penwith House gallery.

Gaze out to the Longships Lighthouse. Further out are the Isles of Scilly, then nothing until America. You could take the 1-mile walk to Sennen Cove with wild flowers all around and seabirds wheeling overhead.

HNOGROATS 874



Porthcurno

18 Newbridge

St Michael's Mount

he rocky island crowned by a medieval church and castle is a spectacular sight out in Mount's Bay off Marazion, and you can walk across at low tide (at high tide there are boats to ferry you).

It's still home to the St Aubyn family and a small community in the village. Enjoy the astonishing gardens and tour the castle to discover its rich history and strange tales. Mousehole

stmichaelsmount.co.uk 01736 710 265