

# Atlantic COASTER

a spectacular open top bus ride along this amazing coast



ST IVES  
HAYLE  
GWITHIAN  
PORTREATH  
ST AGNES  
PERRANPORTH  
NEWQUAY  
MAWGAN PORTH  
PORTHCOOTHAN  
PADSTOW

SUMMER 2021

have an adventure by bus on one of these other spectacular rides

**OPEN TOP Land's End Coaster**  
Follow the coast all the way round Land's End on a circular ride through Penzance and St Ives.

**OPEN TOP Dartmoor Explorer**  
A scenic ride over the wild moorland landscapes of Dartmoor from Plymouth or Exeter.

**OPEN TOP the Lizard**  
Explore the beautiful scenery, wonderful beaches and rugged coves of the Lizard peninsula.

**OPEN TOP Falmouth Coaster**  
The best way to see Falmouth and Pendennis Castle from a whole new perspective.

**OPEN TOP Discover Exeter**  
See the sights of this cathedral city from an open-top bus.

**OPEN TOP Exmoor Coaster**  
Up and down some of the steepest roads in the land through dramatic scenery where Exmoor meets the Bristol Channel.

information tickets  
[adventuresbybus.co.uk](http://adventuresbybus.co.uk)



## Padstow Newquay St Ives

|                                            |      |      |      |      |      |      |      |
|--------------------------------------------|------|------|------|------|------|------|------|
| Padstow old rail station                   |      | 1120 | 1220 | 1320 | 1520 | 1620 | 1720 |
| Padstow opp Tesco                          |      | 1124 | 1224 | 1324 | 1524 | 1624 | 1724 |
| Harlyn Bay opp beach car park              |      | 1131 | 1231 | 1331 | 1531 | 1631 | 1731 |
| St Merryn Fryer Tuck's Fish & Chips        |      | 1135 | 1235 | 1335 | 1535 | 1635 | 1735 |
| Porthcothan Bay                            |      | 1144 | 1244 | 1344 | 1544 | 1644 | 1744 |
| Treburrick Old MacDonald's Farm            |      | 1147 | 1247 | 1347 | 1547 | 1647 | 1747 |
| Carnewas for Bedruthan Steps               |      | 1153 | 1253 | 1353 | 1553 | 1653 | 1753 |
| Trenance phone box                         |      | 1155 | 1255 | 1355 | 1555 | 1655 | 1755 |
| Mawgan Porth Betty's Shop                  | 1000 | 1200 | 1300 | 1400 | 1600 | 1700 | 1800 |
| Travarrian opp Travellers Rest             | 1003 | 1203 | 1303 | 1403 | 1603 | 1703 | 1803 |
| Tregurrian post box                        | 1006 | 1206 | 1306 | 1406 | 1606 | 1706 | 1806 |
| Watergate Bay                              | 1008 | 1208 | 1308 | 1408 | 1608 | 1708 | 1808 |
| Porth beach                                | 1014 | 1214 | 1314 | 1414 | 1614 | 1714 | 1814 |
| Newquay bus station S1 arr                 | 1030 | 1230 | 1330 | 1430 | 1630 | 1730 | 1830 |
| stay on bus - no need to change            |      |      |      |      |      |      |      |
| Newquay bus station S1 dep                 |      | 1045 | 1245 | 1445 | 1745 | 1845 |      |
| Newquay rail station                       |      | 1050 | 1250 | 1450 | 1750 | 1850 |      |
| Newquay Zoo                                |      | 1055 | 1255 | 1455 | 1755 | 1855 |      |
| Reherra opp Braefel Inn                    | 1108 | 1308 | 1508 | 1808 | 1908 |      |      |
| Goonhavern                                 | 1114 | 1314 | 1514 | 1814 | 1914 |      |      |
| Perran Sands Holiday Park                  | 1119 | 1319 | 1519 | 1819 | 1919 |      |      |
| Perranporth Beach Road                     | 1129 | 1329 | 1529 | 1829 | 1929 |      |      |
| Anchor Barrow Campsite                     | 1133 | 1333 | 1533 | 1833 |      |      |      |
| Trevellas                                  | 1136 | 1336 | 1536 | 1836 |      |      |      |
| St Agnes opp Taphouse for Trevaunance Cove | 1140 | 1340 | 1540 | 1840 |      |      |      |
| St Agnes opp Institute arr                 | 1143 | 1343 | 1543 | 1843 |      |      |      |
| stay on bus - no need to change            |      |      |      |      |      |      |      |
| St Agnes opp Institute dep                 |      | 1144 | 1344 | 1544 | 1844 |      |      |
| Porthtown opp Beach Road                   |      | 1153 | 1353 | 1553 | 1853 |      |      |
| Portreath beach car park                   |      | 1207 | 1407 | 1607 | 1907 |      |      |
| Hells Mouth café                           |      | 1217 | 1417 | 1617 | 1917 |      |      |
| Gwithian Red River Café                    |      | 1223 | 1423 | 1623 | 1923 |      |      |
| Loggan Moor St Ives Bay Holiday Park       |      | 1228 | 1428 | 1628 | 1928 |      |      |
| Hayle Towns Riviere Sands Holiday Park     | 0937 | 1037 | 1237 | 1437 | 1637 | 1937 |      |
| Hayle Foundry Square                       | 0947 | 1047 | 1247 | 1447 | 1647 | 1947 |      |
| Carbis Bay Longstone Cross                 | 0958 | 1058 | 1258 | 1458 | 1658 | 1958 |      |
| St Ives Malakoff bus station               | 1005 | 1105 | 1305 | 1505 | 1705 | 2005 |      |

## St Ives Newquay Padstow

|                                         |      |      |      |      |      |      |      |
|-----------------------------------------|------|------|------|------|------|------|------|
| St Ives Malakoff bus station            |      | 0925 | 1125 | 1325 | 1525 | 1725 |      |
| Carbis Bay Longstone Cross              |      | 0931 | 1131 | 1331 | 1531 | 1731 |      |
| Hayle viaduct                           |      | 0943 | 1143 | 1343 | 1543 | 1743 |      |
| Hayle Towns Riviere Sands Holiday Park  |      | 0953 | 1153 | 1353 | 1553 | 1753 |      |
| Loggan Moor St Ives Bay Holiday Park    |      | 1000 | 1200 | 1400 | 1600 | 1800 |      |
| Gwithian opp Red River Inn              |      | 1006 | 1206 | 1406 | 1606 | 1806 |      |
| Hells Mouth opp café                    |      | 1012 | 1212 | 1412 | 1612 | 1812 |      |
| Portreath beach car park                |      | 1025 | 1225 | 1425 | 1625 | 1825 |      |
| Porthtown Beach Road                    |      | 1036 | 1236 | 1436 | 1636 | 1836 |      |
| St Agnes Institute arr                  |      | 1044 | 1244 | 1444 | 1644 | 1844 |      |
| stay on bus - no need to change         |      |      |      |      |      |      |      |
| St Agnes Institute dep                  |      | 1045 | 1245 | 1445 | 1645 | 1845 |      |
| St Agnes Taphouse for Trevaunance Cove  |      | 1048 | 1248 | 1448 | 1648 | 1848 |      |
| Trevellas                               |      | 1052 | 1252 | 1452 | 1652 | 1852 |      |
| Anchor Barrow Campsite                  |      | 1055 | 1255 | 1455 | 1655 | 1855 |      |
| Perranporth Beach Road                  | 1000 | 1100 | 1300 | 1500 | 1700 | 1900 |      |
| Perran Sands Holiday Park               | 1010 | 1110 | 1310 | 1510 | 1710 | 1910 |      |
| Goonhavern                              | 1015 | 1115 | 1315 | 1515 | 1715 | 1915 |      |
| Reherra Braefel Inn                     | 1020 | 1120 | 1320 | 1520 | 1720 | 1920 |      |
| Newquay Zoo                             | 1033 | 1133 | 1333 | 1533 | 1733 | 1933 |      |
| Newquay bus station S1 arr              | 1045 | 1145 | 1345 | 1545 | 1745 | 1945 |      |
| stay on bus - no need to change         |      |      |      |      |      |      |      |
| Newquay bus station S1 dep              | 0955 | 1055 | 1155 | 1355 | 1555 | 1655 | 1755 |
| Newquay Great Western Hotel             | 1000 | 1100 | 1200 | 1400 | 1500 | 1600 | 1700 |
| Porth beach                             | 1007 | 1107 | 1207 | 1407 | 1507 | 1607 | 1707 |
| Watergate Bay                           | 1012 | 1112 | 1212 | 1412 | 1512 | 1612 | 1712 |
| Tregurrian post box                     | 1015 | 1115 | 1215 | 1415 | 1515 | 1615 | 1715 |
| Travarrian Travellers Rest              | 1018 | 1118 | 1218 | 1418 | 1518 | 1618 | 1718 |
| Mawgan Porth opp Betty's Shop           | 1022 | 1122 | 1222 | 1422 | 1522 | 1622 | 1722 |
| Trenance opp phone box                  | 1025 | 1125 | 1225 | 1425 | 1525 | 1625 |      |
| Carnewas for Bedruthan Steps            | 1027 | 1127 | 1227 | 1427 | 1527 | 1627 |      |
| Treburrick Old MacDonald's Farm         | 1033 | 1133 | 1233 | 1433 | 1533 | 1633 |      |
| Porthcothan Bay                         | 1036 | 1136 | 1236 | 1436 | 1536 | 1636 |      |
| St Merryn opp Fryer Tuck's Fish & Chips | 1045 | 1145 | 1245 | 1445 | 1545 | 1645 |      |
| Harlyn Bay beach car park               | 1050 | 1150 | 1250 | 1450 | 1550 | 1650 |      |
| Padstow opp Tesco                       | 1057 | 1157 | 1257 | 1457 | 1557 | 1657 |      |
| Padstow old rail station                | 1105 | 1205 | 1305 | 1505 | 1605 | 1705 |      |

1 day 2 days 3 days 7 days

first adventurer £15 £20 £25 £30  
extra adventurers £7.50 £10 £12.50 £15  
travelling with you



## St Ives

Surrounded by gorgeous beaches, this pretty town arcs around the harbour with fishing boats bobbing in the sea. There are trips round the bay to take, or wander around the historic web of cobbled streets to discover charming independent shops, interesting galleries, and great cafés and restaurants, whether you want a quick cappuccino or nice meal.

Artists have flocked to St Ives for many years and it still has a buzzing creative scene. Take a look at the famous Leach Pottery, founded in 1920, which has contemporary exhibitions, as well as pottery for sale.

And don't forget the sandy beaches with sparkling seawater ideal for swimming, sunbathing and, of course, building sandcastles!



## Tate St Ives

With stunning views over the Atlantic Ocean, this gallery showcases works by the St Ives Modernists like Barbara Hepworth and Ben Nicholson, alongside an ever-changing programme of thought-provoking exhibitions.



## Newquay

The surfing capital of Cornwall has a decidedly boho vibe, and it's fun to watch the surfers ride the waves as they come rolling in off the Atlantic. During surfing festivals, Fistral Beach becomes the centre of the world for many, but family-friendly Newquay has plenty of other attractions to occupy everyone.

Discover Newquay's evolution from fishing port to surf mecca on the town trail, take a boat ride out to sea, browse the eclectic range of shops or get up close to a vast array of marine life at Blue Reef Aquarium.

[bluereefaquarium.co.uk/newquay](http://bluereefaquarium.co.uk/newquay) 01637 878134



Here's a great way to enjoy the famed rugged scenery of Cornwall's spectacular Atlantic coast, with its craggy headlands sheltering some of the finest beaches to be found anywhere in England.

Take this scenic open-top bus ride to discover panoramic views over land and out to sea that will simply take your breath away wherever you look.

Hop on and off where you like to discover pretty villages, craggy headlands and secret coves. There are designated bus stops along the way, but buses will try to stop wherever it's safe - just raise your arm in good time so the driver sees you.

There are also great walks to enjoy and by taking the bus you don't have to retrace your steps - just hop on another bus further along.



## Hayle Towans

This fantastic 3-mile stretch of broad sandy beach and dunes sweeps north-east from the Hayle estuary to Gwithian, popular with surfers, sand yachts and kite buggies. Towans is Cornish for dunes.



## Gwithian

The beach beyond the broad sand dunes is a favourite with surfers. Common seals are a regular sight and the area is a breeding ground for guillemots, razorbills and cormorants. At low tide, rock pools and caves are uncovered, great for kids.

Perched above the dunes, Sunset Surf Café serves delicious home-cooked meals packed with locally-sourced ingredients. Further along, the Jam Pot Café and Shop, a former 19th-century coastguard lookout with sweeping views across St Ives Bay, serves freshly prepared snacks..

## Portreath

With a wide sandy expanse of beach between two towering cliffs, this quiet haven is popular with families and with bodyboarders who love to ride the waves along the mole (the long harbour wall).

There are walks along the South West Coast Path, plus cafés, pubs, a bakery and shops.



## Porthtowan

Bordered by soft golden sand and backed by large dunes and dramatic cliffs, Porthtowan is an award-winning Blue Flag beach with a great café. At low tide you can walk to the neighbouring and equally stunning beach at Chapel Porth.



## St Agnes

Steeped in mining history, St Agnes has galleries and workshops selling hand-made gifts, cafés, restaurants and pubs and, just over half a mile away, beautiful sandy beaches full of rock pools and caves.

A range of events take place here throughout the summer and the magnificent walks along the cliffs to St Agnes Head and up to St Agnes Beacon make St Agnes a must-see.

## Wheal Coates

Clinging to the cliff edge along from St Agnes Head and just up from Chapel Porth beach, are the remains of the Towanroath engine house, built in 1872 for keeping the water out of the underground shaft of the tin mine 600 feet below.

The Wheal Coates site, in the care of the National Trust, is known for its three engine houses. It also featured in the TV drama Poldark. [nationaltrust.org.uk/wheal-coates](http://nationaltrust.org.uk/wheal-coates)



## Perranporth

Discover one of Cornwall's most spectacular beaches (see below), where miles of soft, golden sand stretch far into the distance while huge white-crested waves roll in from the Atlantic. The extensive sand dunes are home to birds and butterflies and tiny sunbathing lizards.

The busy town has plenty of places serving up traditional Cornish food, along with many cafés and bars catering for the beach crowd.



## Watergate Bay

Two miles of golden sand at low tide and enormous waves off the Atlantic have made this bay famous for surfing and kite-surfing.

The beach is a European Designated beach with the highest standard for UK bathing water.

## Bedruthan Steps

Legend says the impressive rocks dotted across the beach were stepping stones for the giant, Bedruthan. The beach at this National Trust site is only accessible at low tide down steep narrow steps cut into the cliff, so do take great care if you venture down.

This coast was once notorious for shipwrecks and smugglers, but now the windswept headlands are a haven for sea birds. There's a small National Trust café serving light snacks and refreshments.



## Porthcothan

Discover a lovely sandy beach backed by lush grassy dunes which opens out at low tide, connecting with small coves to the north and south. At high tide the beach is sheltered from swell and winds due to the cliffs. There are shops and toilets close by.

## Mawgan Porth

Golden sands, rockpools and caves, backed by tempting cafés and shops makes this small resort ideal for a relaxing day on the beach.

## LAND'S END COASTER

Enjoy another spectacular open-top bus ride from St Ives down the coast to Land's End and on to Penzance.

Barbara Hepworth Museum  
Tate St Ives  
Art Galleries  
Boat Trips

## Trevose Head

The headland is rich in birdlife and wild flowers. Enjoy a wonderful walk past Trevose Head Lighthouse and take in the spectacular views across the Cornish coast, towards The Bull and Quies rocks, and out into the Atlantic.

Start at Harlyn and finish at Constantine Bay or vice versa.



National Lobster Hatchery  
Rick Stein's Seafood Bar  
Paul Ainsworth  
Boat Trips

Butterhole Beach  
Prideaux Place

Trevose Head  
Trevose Head Heritage Coast  
Treyarnon Bay  
Porthcothan  
Bedruthan Steps  
Mawgan Porth  
Beacon Cove  
Newquay Bay  
Watergate Bay  
Porth  
Newquay  
Crantock Beach  
Holywell Bay  
Penhale Point  
Perran Bay  
Perranporth Beach  
Perranporth  
Perran Sands  
Newperran  
Rose  
Monkey Tree  
Perran Springs  
Oyster Bay  
Trevellas  
Perran View  
Mithian  
Valley View  
Goonbell  
Mount Hawke  
Mawla  
Cambrose  
Illogan  
Tolvaddon  
Gwithian  
Kehelland  
Connor Downs  
Loggans  
Lelant  
Carbis Bay  
Lelant  
Hayle  
West Cornwall Retail Park

Blue Reef Aquarium  
Newquay Zoo  
Boat Trips  
Fistral Beach

## Padstow

Enjoy the harbour life, where fishing and pleasure craft rock side-by-side on their moorings, children fish for crabs, and quayside inns, cafés, shops and galleries overlook the calm water. It's so easy to waste a day here!

It's also a foodie destination, so try some of Rick Stein's fish and chips, dine in his restaurant or visit Paul Ainsworth at No6 for some truly delicious food.

Treat yourself to a fishing trip out in the bay, or visit the National Lobster Hatchery to discover the fascinating world of lobsters and their environment.

Soak up a little history at Prideaux Place, an enchanting Elizabethan manor house on the edge of the town with views towards Bodmin Moor.

[prideauxplace.co.uk](http://prideauxplace.co.uk) 01841 532 411

