

11
12

PINK LINE

up to **every 10 mins** between

N&NU Hospital

Newmarket Road

City Centre

Sproston Road & Wroxham Road

Sproston 11 12A

Wroxham 12 12A

from 16th February 2020

also calling at

Cringelford & Eaton **11A 12A**



TIMES • FARES • MAPS



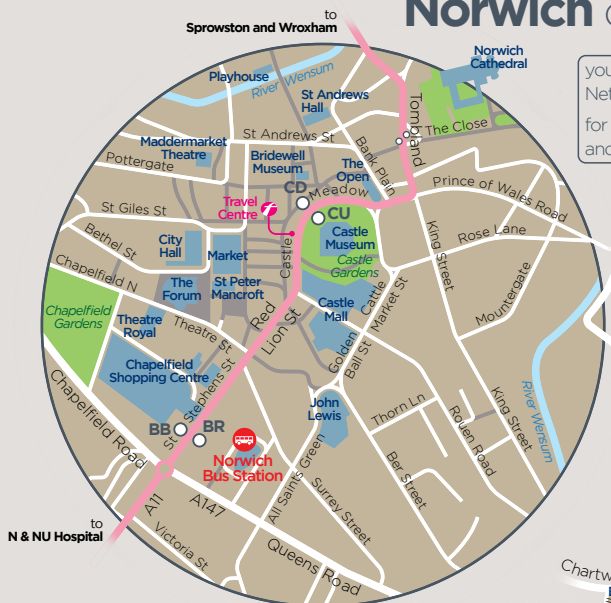
from **First Eastern Counties**

your simple **route guide** to the

PINK LINE

where to **catch your bus** in
Norwich City Centre

you can make a simple connection onto our other Network Norwich buses at **Castle Meadow** for connections to our buses from **Norwich Bus Station** and **Charcoal Line** buses change at **St Stephens Street**



Norwich Railway Station



- buses travel one way along this section
- bus stop locations are shown as a guide only



Welcome to the

PINK LINE 11 | 12

your link along **Sprowston Road** and **Newmarket Road** to & from the **city centre & hospital**

You can catch a Pink Line bus...

between Sprowston, the city centre and the hospital

up to **every 10 minutes** Monday - Saturday daytimes

up to **every 30 minutes** Sundays & Bank Hols*

and around **hourly** in the evenings*

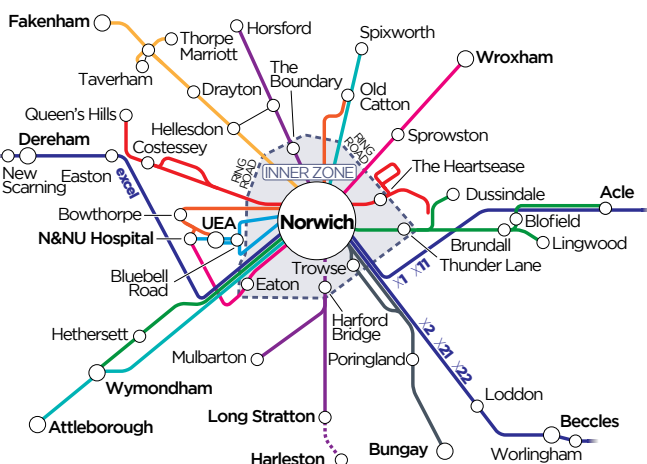
beyond Sprowston, to & from Wroxham

up to **every 30 minutes** Monday - Saturday daytimes

* evening & Sunday buses operate from Sprowston to the city centre. For the hospital, use Turquoise Line 13A

network **Norwich** buses, made simple...

The **Pink Line** is one of our nine frequent colour-coded **Network Norwich** bus routes...ideal for **easy connections** all across the city with **great value tickets** for unlimited travel...



unlimited travel - all buses - all day

Norwich Zone anywhere on the map **£4.80** adult **£3.60** young person **£8.50** High5 group*

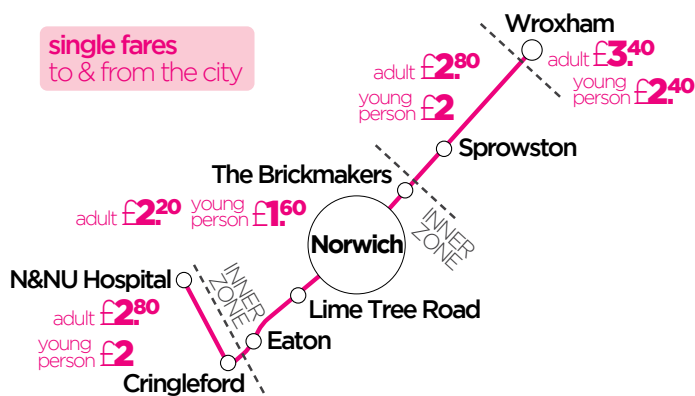
Inner Zone for shorter trips **£3.60** adult **£2.70** young person **£6.30** High5 group*

get these prices on **mTicket** or pay a little more on bus

Important note: All fares, tickets, zones and other non-timetable information are correct as at 16/02/20 and are subject to change during the life of this booklet. Please check our website firstgroup.com/easterncounties for up to date information.

great value fares...

single fares
to & from the city



all Norwich
all day

adult **£4.80**
mTicket **£5** on bus
young person **£3.60**
mTicket **£3.80** on bus
High5 group* **£8.50**
mTicket **£9** on bus

travel regularly? it's cheapest with an **mTicket**

tickets for the whole Norwich Zone	Adult	all Week	10 trips	all Month
		£20	£20	£70
	Young Person	£19.30	£15	£67.50
		£15 on bus	£15 mTicket	£52 on bus
		£14.30 mTicket		£50 mTicket

mTickets **always cheaper.**

Download on the App Store
GET IT ON Google Play

travel together and save with a **High5 ticket**

up to 5 people - max 2 adults aged 20+

age 5 to 19? ask for a discounted **Young Person fare**

or if you're at school, college or 6th form go online to find out about our great value **Student Saver** tickets



no cash? no problem! pay with **contactless**



why wait until it's late?

concession pass holders travel at young person single fares from 0830 to 0930 on weekdays.

make boarding a breeze

when you get our best prices on bus travel with an **mTicket** on the **First Bus App**

or pay the driver with contactless or cash

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Download on the App Store
GET IT ON Google Play

for more information



firstgroup.com/easterncounties



@FirstNorwich



Norwich Travel Centre on Castle Meadow
Monday - Friday 0900-1730 Saturday 0900-1630



Traveline
www.traveline.info 0871 200 22 33

or to get in touch



Customer Services 0345 646 0707
Weekdays 0700-1900 Weekends 0900-1700



Contact us at
firstgroup.com/easterncounties

how was your journey?



take two minutes to tell us
at tellfirstbus.com

be appy

buy tickets, plan journeys
and get real time info
on the free **First Bus App**

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summary of buses to
Norfolk & Norwich University Hospital
from **Norwich** Castle Meadow

approx. off-peak journey time **20 mins**

Mondays - Fridays
except Public Holidays

0545	then	1600
0615	00	1610
0645	10	1620
0700	20	1630
0715	30	1640
0725	40	1655
0735	50	1710
0745	mins	1725
0755	past	1740
0810	each	1755
0820	hour	1815
0830	until	1845
0840		1915
0855		1945
0910		2015 •
0920		2145 •
0930		
0940		
0950		

Saturdays

0547	then	1605
0617	05	1620
0647	20	1635
0717	35	1650
0747	50	1705
0815	mins	1720
0830	past	1735
0845	each	1805
0900	hour	1835
0915	until	1910
0935		2015 •
0950		2145 •
1005		
1020		
1035		
1050		

Sundays
& Public Hols

0703
0840
0910
0940
then
10
40
mins
past
each
hour
until
1740
1840
1930 •
2135 •

Buses will show **T1, 11A, 12, or 12A** on the front

Pink Line buses also depart

from **Norwich** Anglia Square
around **6 mins earlier**

from **Norwich** St Stephens Street
around **5 mins later**

- These journeys are operated by **Turquoise Line 13A** buses starting at Castle Meadow. Please see our Turquoise Line timetable for full details.

**STUDENT
SAVERS**

big discounts on
unlimited bus travel
for **school, college**
or **6th form**

get yours for less on **mTicket**



summary of buses to **Norwich** city centre
from **Norfolk & Norwich**
University Hospital

Norwich St Stephens Street **20 mins**

Norwich Castle Meadow **25 mins**

Norwich Anglia Square **29 mins**

approx.
off-peak
journey times

Mondays - Fridays
except Public Holidays

0610	then	1615
0640	00	1625
0710	10	1635
0725	20	1645
0740	30	1655
0755	40	1705
0805	50	1715
0820	mins	1730
0835	past	1745
0850	each	1800
0900	hour	1815
0910	until	1830
0920		1845
0930		1915
0940		1945
0950		2015
1000		2105 •
1010		2215 •
1020		
1030		
1040		
1050		

Saturdays

0610	then	1710
0640	10	1725
0710	25	1745
0740	40	1805
0810	55	1835
0840	mins	1905
0855	past	1945
0910	each	2105 •
0925	hour	2215 •
0940	until	
0955		

Sundays
& Public Hols

0745
0915
0945
then
15
45
mins
past
each
hour
until
1815
1915
2005 •
2055 •

Buses will show **T1, 11A, 12, or 12A** on the front

- These journeys are operated by **Turquoise Line 13A** buses ending at Castle Meadow. Please see our Turquoise Line timetable for full details.

don't **worry**
be **appy**

Check **times**, plan **journeys**,
buy your **tickets**
and see when your
next bus will arrive with
real time info...

on the **FREE**
First Bus App



	T1A	T1A	T1A	T1A	T1	T1A	T1	12	T1A	T1	T1A	12	T1A	T1	T1A	12	T1A	T1	12	T1A
Wroxham Roys								0710					0745				0840			0910
Sprowston Linacre Ave/Varvel Ave •						0647		▼	0717			▼	0751	0809	0824	▼	0849		▼	0919
Sprowston Blue Boar Lane •						0650		▼	0720			▼	0755	0813	0828	▼	0853		▼	0923
Sprowston Atlantic Avenue	0520	0550	0620	0635	0648	0655	0708	▼	0725	0735	0743	▼	0803	0820	0835	▼	0900	0913	▼	0930
Sprowston Tesco	0525	0555	0625	0640	▼	0700	▼	▼	0730	▼	0750	▼	0810	▼	0840	▼	0905	▼	0925	0935
Sprowston Wroxham Rd/Police Stn	0530	0600	0630	0645	0655	0705	0715	0725	0735	0745	0755	0805	0815	0830	0845	0900	0910	0920	0930	0940
City Centre Anglia Square	0540	0610	0640	0655	0706	0716	0726	0738	0750	0803	0813	0823	0833	0848	0903	0914	0924	0934	0944	0954
City Centre Castle Meadow	0545	0615	0645	0700	0715	0725	0735	0745	0755	0810	0820	0830	0840	0855	0910	0920	0930	0940	0950	1000
City Centre St Stephens Street	0550	0620	0650	0705	0720	0730	0740	0750	0800	0815	0825	0835	0845	0900	0915	0925	0935	0945	0955	1005
Newmarket Road Eaton Road •	0554	0624	0654	0709	0724	0734	0744	0754	0807	0822	0832	0842	0852	0904	0919	0929	0939	0949	0959	1009
Cringleford Keswick Road	0559	0629	0659	0714	▼	0741	▼	▼	0814	▼	0839	▼	0859	▼	0926	▼	0946	▼	▼	1016
Cringleford Bus Interchange	0600	0630	0700	0715	0730	0742	0750	0759	0815	0829	0840	0849	0900	0911	0927	0934	0947	0954	1004	1017
Norfolk and Norwich Hospital	0605	0635	0705	0720	0735	0748	0756	0805	0823	0837	0848	0857	0906	0917	0933	0940	0953	1000	1010	1023

	T1	12	T1A	T1	12	T1A	then at these minutes past each hour	T1	12	T1A	T1	12	T1A	until	T1	12	T1A	T1	12	T1A	T1	12
Wroxham Roys		0940			1010				40			10				1340			1410			1440
Sprowston Linacre Ave/Varvel Ave •	0931	▼		1001	▼			31	▼		01	▼			1331	▼		1401	▼		1431	▼
Sprowston Blue Boar Lane •	0935	▼		1005	▼			35	▼		05	▼			1335	▼		1405	▼		1435	▼
Sprowston Atlantic Avenue	0943	▼	0958	1013	▼	1028		43	▼	58	13	▼	28		1343	▼	1358	1413	▼	1428	1443	▼
Sprowston Tesco	▼	0955	1005	▼	1025	1035		▼	55	05	▼	25	35		▼	1355	1405	▼	1425	1435	▼	1455
Sprowston Wroxham Rd/Police Stn	0950	1000	1010	1020	1030	1040		50	00	10	20	30	40		1350	1400	1410	1420	1430	1440	1450	1500
City Centre Anglia Square	1004	1014	1024	1034	1044	1054		04	14	24	34	44	54		1404	1414	1424	1434	1444	1453	1503	1513
City Centre Castle Meadow	1010	1020	1030	1040	1050	1100		10	20	30	40	50	00		1410	1420	1430	1440	1450	1500	1510	1520
City Centre St Stephens Street	1015	1025	1035	1045	1055	1105		15	25	35	45	55	05		1415	1425	1435	1445	1455	1505	1515	1525
Newmarket Road Eaton Road •	1019	1029	1039	1049	1059	1109		19	29	39	49	59	09		1419	1429	1439	1449	1459	1509	1520	1530
Cringleford Keswick Road	▼	▼	1046	▼	▼	1116		▼	▼	46	▼	▼	16		▼	1429	1446	▼	▼	1516	▼	▼
Cringleford Bus Interchange	1024	1034	1047	1054	1104	1117		24	34	47	54	04	17		1424	1434	1447	1454	1504	1517	1527	1537
Norfolk and Norwich Hospital	1030	1040	1053	1100	1110	1123		30	40	53	00	10	23		1430	1440	1453	1500	1510	1523	1533	1543

	T1A	T1	12	T1A	T1	12	T1A	T1	12A	T1A	T1A	T1A	12A	T1A	12A	T1A	T1A	T1A	T1A	T1A
Wroxham Roys			1510			1540			1615				1715		1815					
Sprowston Linacre Ave/Varvel Ave •		1501	▼		1531	▼		1604	▼		1642	▼	1742	▼	1841	1911	2021	2121	2231	
Sprowston Blue Boar Lane •		1505	▼		1535	▼		1608	▼		1646	▼	1746	▼	1845	1915	2025	2125	2235	
Sprowston Atlantic Avenue	1458	1513	▼	1528	1543	▼	1600	1615	▼	1639	1654	1709	▼	1753	▼	1853	1923	2032	2132	2242
Sprowston Tesco	1505	▼	1525	▼	1555	1605	▼	1631	1646	1701	1716	1731	1757	▼	1857	1927	2035	2135	2245	
Sprowston Wroxham Rd/Police Stn	1510	1520	1530	1540	1550	1600	1609	1622	1635	1650	1705	1720	1735	1801	1831	1901	1931	2038	2138	2248
City Centre Anglia Square	1523	1533	1543	1553	1603	1613	1622	1635	1648	1703	1718	1733	1748	1810	1840	1910	1940	2047	2147	2257
City Centre Castle Meadow	1530	1540	1550	1600	1610	1620	1630	1640	1655	1710	1725	1740	1755	1815	1845	1915	1945	2052	2152	2302
City Centre St Stephens Street	1535	1545	1555	1605	1615	1625	1635	1645	1700	1715	1730	1745	1800	1820	1850	1920	1950	2055	2155	2305
Newmarket Road Eaton Road •	1541	1551	1601	1611	1621	1631	1641	1651	1706	1721	1736	1751	1806	1824	1854	1924	1954			
Cringleford Keswick Road	1551	▼	▼	1621	▼	▼	1651	▼	1716	1731	1746	1801	1814	1829	1859	1929	1959			
Cringleford Bus Interchange	1552	1600	1610	1622	1630	1640	1652	1700	1717	1732	1747	1802	1815	1830	1900	1930	2000			
Norfolk and Norwich Hospital	1558	1606	1616	1628	1636	1646	1658	1706	1723	1738	1753	1808	1820	1835	1905	1935	2005			

• Times at these stops are estimated

	T1A	T1A	T1A	T1A	T1A	12	T1A	12	T1A	12	T1A	12	T1A	12	then at these minutes past each hour	T1A	12	T1A	12	until	T1A		
Wroxham Roys						0740		0810		0840		0910		0940				10			40		
Sprowston Linacre Ave/Varvel Ave				0646	0716	▼	0749	▼	0819	▼	0851	▼	0921	▼			51	▼	21		▼		1451
Sprowston Blue Boar Lane				0650	0720	▼	0753	▼	0823	▼	0855	▼	0925	▼			55	▼	25		▼		1455
Sprowston Atlantic Avenue	0526	0556	0626	0656	0726	▼	0800	▼	0830	▼	0903	▼	0933	▼			03	▼	33		▼		1503
Sprowston Tesco	0529	0559	0629	0659	0729	▼	0805	▼	0835	▼	0910	0925	0940	0955			10	25	40		55		1510
Sprowston Wroxham Rd/Police Stn	0533	0603	0633	0703	0733	0755	0810	0825	0840	0855	0915	0930	0945	1000			15	30	45		00		1515
City Centre Anglia Square	0542	0612	0642	0712	0742	0809	0824	0839	0854	0909	0929	0944	0959	1014			29	44	59		14		1529
City Centre Castle Meadow	0547	0617	0647	0717	0747	0815	0830	0845	0900	0915	0935	0950	1005	1020			35	50	05		20		1535
City Centre St Stephens Street	0550	0620	0650	0720	0750	0820	0835	0850	0905	0920	0940	0955	1010	1025			40	55	10		25		1540
Newmarket Road Eaton Road	0554	0624	0654	0724	0754	0824	0839	0854	0909	0924	0944	0959	1014	1029		44	59	14	29		1544		
Cringleford Keswick Road	0600	0630	0700	0730	0800	▼	0846	▼	0916	▼	0951	▼	1021	▼		51	▼	21	▼		1551		
Cringleford Bus Interchange	0601	0631	0701	0731	0801	0829	0847	0859	0917	0929	0952	1004	1022	1034		52	04	22	34		1552		
Norfolk and Norwich Hospital	0606	0636	0706	0736	0806	0834	0852	0904	0922	0934	0958	1010	1028	1040		58	10	28	40		1558		

	12	T1A	12	T1A	12A	T1A	12A	T1A	12	T1A	T1A	T1A	T1A	T1A	T1A
Wroxham Roys	1510		1540		1610		1640		1710						
Sprowston Linacre Ave/Varvel Ave ●	▼	1521	▼	1551	▼	1621	▼	1651	▼	1721	1751	1826	1911	2021	2121 2231
Sprowston Blue Boar Lane ●	▼	1525	▼	1555	▼	1625	▼	1655	▼	1725	1755	1830	1915	2025	2125 2235
Sprowston Atlantic Avenue	▼	1533	▼	1603	▼	1633	▼	1703	▼	1733	1803	1838	1922	2032	2132 2242
Sprowston Tesco	1525	1540	1555	1610	1625	1640	1655	1710	1725	1740	1810	1845	1925	2035	2135 2245
Sprowston Wroxham Rd/Police Stn	1530	1545	1600	1615	1630	1645	1700	1715	1730	1745	1815	1850	1928	2038	2138 2248
City Centre Anglia Square	1544	1559	1614	1629	1644	1659	1714	1729	1744	1759	1829	1904	1937	2047	2147 2257
City Centre Castle Meadow	1550	1605	1620	1635	1650	1705	1720	1735	1750	1805	1835	1910	1942	2052	2152 2302
City Centre St Stephens Street	1555	1610	1625	1640	1655	1710	1725	1740	1755	1810	1840	1915	1945	2055	2155 2305
Newmarket Road Eaton Road ●	1559	1614	1629	1644	1659	1714	1729	1744		1814	1844	1919			
Cringleford Keswick Road	▼	1621	▼	1651	1706	1721	1736	1751		1821	1851	1926			
Cringleford Bus Interchange	1604	1622	1634	1652	1707	1722	1737	1752		1822	1852	1927			
Norfolk and Norwich Hospital	1610	1628	1640	1658	1713	1728	1743	1758		1828	1858	1933			

	TIA	TIA	TIA	TIA	TIA	TIA	TIA	TIA	TIA	TIA	TIA	TIA	TIA	TIA	TIA	TIA	TIA	TIA	TIA
Sprowston Linacre Ave/Varvel Ave •			0826	0859	0929	0956	1026	1056											
Sprowston Blue Boar Lane •			0830	0903	0933	1000	1030	1100											
Sprowston Atlantic Avenue	0640	0808	0838	0908	0938	1008	1038	1108											
Sprowston Tesco	0645	0815	0845	0915	0945	1015	1045	1115											
Sprowston Wroxham Rd/Police Stn	0649	0820	0850	0920	0950	1020	1050	1120											
City Centre Anglia Square	0658	0832	0902	0932	1002	1032	1102	1132											
City Centre Castle Meadow	0703	0840	0910	0940	1010	1040	1110	1140											
City Centre St Stephens Street	0706	0845	0915	0945	1015	1045	1115	1145											
Newmarket Road Eaton Road •	0710	0849	0919	0949	1019	1049	1119	1149											
Cringelford Keswick Road	0716	0856	0926	0956	1026	1056	1126	1156											
Cringelford Bus Interchange	0717	0857	0927	0957	1027	1057	1127	1157											
Norfolk and Norwich Hospital	0722	0902	0932	1002	1032	1102	1132	1202											

• Times at these stops are estimated

make journeys faster
buy an mTicket before you travel
on the free First Bus App



	TIA	TIA	TIA	TIA	TIA	12	TIA	12	TIA	TIA	12	TI	TIA	12	TI	TIA	12	TI	TIA	12
Norfolk and Norwich Hospital	0610	0640	0710	0725	0740	0755	0805	0820	0835	0850	0900	0910	0920	0930	0940	0950	1000	1010	1020	1030
Cringelford Bus Interchange	0615	0645	0715	0730	0745	0801	0810	0826	0840	0855	0905	0915	0925	0935	0945	0955	1005	1015	1025	1035
Cringelford Church	0617	0647	0717	0732	0747	▼	0812	▼	0842	0857	▼	▼	0927	▼	▼	0957	▼	▼	1027	▼
Newmarket Road Eaton Road •	0623	0653	0724	0739	0754	0808	0819	0833	0849	0903	0911	0921	0933	0941	0951	1003	1011	1021	1033	1041
City Centre St Stephens Street	0629	0659	0732	0750	0805	0820	0830	0845	0900	0910	0920	0930	0940	0950	1000	1010	1020	1030	1040	1050
City Centre Castle Meadow	0632	0702	0735	0753	0808	0825	0833	0848	0903	0915	0925	0935	0945	0955	1005	1015	1025	1035	1045	1055
City Centre Anglia Square	0636	0706	0739	0757	0812	0829	0837	0852	0907	0919	0929	0939	0949	0959	1009	1019	1029	1039	1049	1059
Sprowston Wroxham Rd/Police Stn	0644	0714	0748	0806	0821	0838	0846	0901	0916	0928	0938	0948	0958	1008	1018	1028	1038	1048	1058	1108
Sprowston Linacre Ave/Varvel Ave	0647	0717	0751	0809	0824	▼	0849	▼	0919	0931	▼	▼	1001	▼	▼	1031	▼	▼	1101	▼
Sprowston Blue Boar Lane •	0650	0720	0755	0813	0828	▼	0853	▼	0923	0935	▼	▼	1005	▼	▼	1035	▼	▼	1105	▼
Sprowston Atlantic Avenue	0653	0723	0800	0818	0833	▼	0858	▼	0928	0940	▼	▼	0955	1010	▼	1025	1040	▼	1055	1110
Sprowston Tesco	0700	0730	0810		0840	▼	0905	▼	0935		0943	1005		1013	1035		1043	1105		1113
Wroxham Roys						0855		0918			0958			1028			1058			1128

	TI	TIA	12	TI	TIA	12	TI	TIA	12	TI	TIA	12	TI	TIA	12	TI	TIA	12	TI	TIA
Norfolk and Norwich Hospital	1040	1050	00	10	20	30	40	50												
Cringelford Bus Interchange	1045	1055	05	15	25	35	45	55												
Cringelford Church	▼	1057	▼	▼	27	▼	▼	57												
Newmarket Road Eaton Road •	1051	1103	11	21	33	41	51	03												
City Centre St Stephens Street	1100	1110	20	30	40	50	00	10												
City Centre Castle Meadow	1105	1115	25	35	45	55	05	15												
City Centre Anglia Square	1109	1119	29	39	49	59	09	19												
Sprowston Wroxham Rd/Police Stn	1118	1128	38	48	58	08	18	28												
Sprowston Linacre Ave/Varvel Ave	▼	1131	▼	▼	01	▼	▼	31												
Sprowston Blue Boar Lane •	▼	1135	▼	▼	05	▼	▼	35												
Sprowston Atlantic Avenue	1125	1140	▼	55	10	▼	25	40												
Sprowston Tesco	1135		43	05		13	35													
Wroxham Roys			58			28														

	12	TI	TIA	12	TI	TIA	12	TI	TIA	12	TI	TIA	12	TI	TIA	12	TI	TIA	12	TI	TIA
Norfolk and Norwich Hospital	1605	1615	1625	1635	1645	1655	1705	1715	1730	1745	1800	1815	1830	1845	1915	1945	2015				
Cringelford Bus Interchange	1610	1620	1630	1640	1650	1700	1710	1720	1735	1750	1805	1820	1835	1850	1920	1950	2020				
Cringelford Church	▼	▼	1633	▼	▼	1703	▼	1723	▼	1752	1807	▼	1837	1852	1922	1952	2022				
Newmarket Road Eaton Road •	1617	1627	1640	1647	1657	1710	1717	1730	1742	1758	1813	1827	1843	1858	1928	1958	2028				
City Centre St Stephens Street	1630	1640	1650	1700	1710	1720	1730	1740	1750	1805	1820	1835	1850	1905	1935	2005	2035	2105	2215	2315	
City Centre Castle Meadow	1635	1645	1655	1705	1715	1725	1735	1745	1755	1810	1825	1840	1855	1908	1938	2008	2038	2108	2218	2318	
City Centre Anglia Square	1639	1649	1659	1709	1719	1729	1739	1749	1759	1814	1829	1844	1859	1911	1941	2011	2041	2111	2221	2321	
Sprowston Wroxham Rd/Police Stn	1649	1659	1709	1719	1729	1739	1749	1759	1808	1823	1838	1853	1908	1918	1948	2018	2048	2118	2228	2328	
Sprowston Linacre Ave/Varvel Ave	▼	▼	1712	▼	▼	1742	▼	1802	▼	1826	1841	▼	1911	1921	1951	2021	2051	2121	2231	2331	
Sprowston Blue Boar Lane •	▼	▼	1716	▼	▼	1746	▼	1806	▼	1830	1845	▼	1915	1925	1955	2025	2055	2125	2235	2335	
Sprowston Atlantic Avenue	▼	1706	1721	▼	1736	1751	▼	1811	▼	1835	1850	▼	1920	1930	2000	2030	2100	2130	2240	2340	
Sprowston Tesco	▼	1716		▼		1757	▼		▼		1857	▼	1927			2035		2135	2245		
Wroxham Roys	1709			1739			1809		1825			1910									

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	T1A	T1A	T1A	T1A	T1A	T1A	12	T1A	12	T1A	12	then at these minutes past each hour	T1A	12	T1A	12	until	T1A	12	T1A	12
Norfolk and Norwich Hospital	0610	0640	0710	0740	0810	0840	0855	0910	0925	0940	0955		10	25	40	55		1510	1525	1540	1555
Cringleford Bus Interchange	0615	0645	0715	0745	0815	0845	0900	0915	0930	0945	1000		15	30	45	00		1515	1530	1545	1600
Cringleford Church	0617	0647	0717	0747	0817	0847	▼	0917	▼	0947	▼		17	▼	47	▼		1517	▼	1547	▼
Newmarket Road Eaton Road •	0622	0652	0723	0753	0823	0853	0906	0923	0936	0953	1006		23	36	53	06		1523	1536	1553	1606
City Centre St Stephens Street	0627	0657	0728	0758	0830	0900	0915	0930	0945	1000	1015		30	45	00	15		1530	1545	1600	1615
City Centre Castle Meadow	0630	0700	0733	0803	0835	0905	0920	0935	0950	1005	1020		35	50	05	20		1535	1550	1605	1620
City Centre Anglia Square	0634	0704	0737	0807	0839	0909	0924	0939	0954	1009	1024		39	54	09	24		1539	1554	1609	1624
Sprowston Wroxham Rd/Police Stn	0643	0713	0746	0816	0848	0918	0933	0948	1003	1018	1033		48	03	18	33		1548	1603	1618	1633
Sprowston Linacre Ave/Varvel Ave	0646	0716	0749	0819	0851	0921	▼	0951	▼	1021	▼		51	▼	21	▼		1551	▼	1621	▼
Sprowston Blue Boar Lane •	0650	0720	0753	0823	0855	0925	▼	0955	▼	1025	▼		55	▼	25	▼		1555	▼	1625	▼
Sprowston Atlantic Avenue	0654	0724	0757	0827	0900	0930	▼	1000	▼	1030	▼		00	▼	30	▼		1600	▼	1630	▼
Sprowston Tesco	0659	0729	0805	0835	0910	0940	0938	1010	1008	1040	1038		10	08	40	38		1610	1608	1640	1638
Wroxham Roys							0953		1023		1053			23		53			1623		1653

	T1A	12	T1A	12	T1A	12	T1A	12	T1A	T1A	T1A	T1A	T1A	T1A
Norfolk and Norwich Hospital	1610	1625	1640	1655	1710	1725	1745	1805	1835	1905	1945			
Cringleford Bus Interchange	1615	1630	1645	1700	1715	1730	1750	1810	1840	1910	1950			
Cringleford Church	1617	▼	1647	▼	1717	▼	1752	▼	1842	1912	1952			
Newmarket Road Eaton Road •	1623	1637	1653	1707	1723	1737	1758	1817	1848	1918	1958			
City Centre St Stephens Street	1630	1645	1700	1715	1730	1745	1805	1825	1855	1925	2005	2105	2215	2315
City Centre Castle Meadow	1635	1650	1705	1720	1735	1750	1810	1830	1858	1928	2008	2108	2218	2318
City Centre Anglia Square	1639	1654	1709	1724	1739	1754	1814	1834	1901	1931	2011	2111	2221	2321
Sprowston Wroxham Rd/Police Stn	1648	1703	1718	1733	1748	1803	1823	1843	1908	1938	2018	2118	2228	2328
Sprowston Linacre Ave/Varvel Ave	1651	▼	1721	▼	1751	▼	1826	▼	1911	1941	2021	2121	2231	2331
Sprowston Blue Boar Lane •	1655	▼	1725	▼	1755	▼	1830	▼	1915	1945	2025	2125	2235	2335
Sprowston Atlantic Avenue	1700	▼	1730	▼	1800	▼	1835	▼	1920	1950	2030	2130	2240	2340
Sprowston Tesco	1710	▼	1740	▼	1810	▼	1845	▼	1925		2035	2135	2245	
Wroxham Roys		1720		1750		1820		1900						

out of cash? pay with contactless))))



Sundays and Public Holidays

	T1A	T1A	T1A	then at these minutes past each hour	T1A	T1A	until	T1A	T1A	T1A	T1A	T1A	T1A	T1A	T1A	T1A
Norfolk and Norwich Hospital	0745	0915	0945		15	45		1515	1545	1615	1645	1715	1745	1815	1915	
Cringleford Bus Interchange	0750	0920	0950		20	50		1520	1550	1620	1650	1720	1750	1820	1920	
Cringleford Church	0752	0922	0952		22	52		1522	1552	1622	1652	1722	1752	1822	1922	
Newmarket Road Eaton Road •	0758	0928	0958		28	58		1528	1558	1628	1658	1728	1758	1828	1928	
City Centre St Stephens Street	0805	0935	1005		35	05		1535	1605	1635	1705	1735	1805	1835	1935	2105 2215 2315
City Centre Castle Meadow	0810	0940	1010		40	10		1540	1610	1640	1710	1740	1810	1840	1940	2108 2218 2318
City Centre Anglia Square	0814	0944	1014		44	14		1544	1614	1644	1714	1744	1814	1844	1944	2111 2221 2321
Sprowston Wroxham Rd/Police Stn	0823	0953	1023		53	23		1553	1623	1653	1723	1753	1823	1853	1953	2118 2228 2328
Sprowston Linacre Ave/Varvel Ave	0826	0956	1026		56	26		1556	1626	1656	1726	1756	1826	1856	1956	2121 2231 2331
Sprowston Blue Boar Lane •	0830	1000	1030		00	30		1600	1630	1700	1730	1800	1830	1900	2000	2125 2235 2335
Sprowston Atlantic Avenue	0835	1005	1035		05	35		1605	1635	1705	1735	1805	1835	1905	2005	2130 2240 2340
Sprowston Tesco	0845	1015	1045		15	45		1615	1645	1715		1815		1915	2015	2135

• Times at these stops are estimated

Important note: All fares, tickets, zones and other non-timetable information are correct as at 16/02/20 and are subject to change during the life of this booklet. Please check our website firstgroup.com/easterncounties for up to date information.

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