

towards **Penzance** showing connections from The Lizard

College days we run more buses on this route - see our website or pick up a Cornwall local bus guide for details

	U4	U4	L1	390	U4	U4	L1	U4	U4	L1	U4	U4	L1	U4	U4	U4	U4	U4	U4	U4	U4	U4
Ruan Minor Glebe Close										1024			1224									
Lizard The Green arr										1033			1233									
Lizard The Green dep			0720							1044			1244									
Ruan Minor Glebe Close			0729							▼			▼									
Mullion Holiday Park post box			0736							1051			1251									
Mullion School			0738			0848				1048			1248									
Mullion Cricket Club			0741			0851				1051			1251									
Poldhu Cove			0747			0857				1057			1257									
Cury opp Parc Enys			0752			0902				1102			1302									
RNAS Culdrose			0800			0910				1110			1310									
Helston Sainsbury's			0808			0915				1115			1315									
Helston Tesco	0617	0717	0812		0817	0827	▼	0917	1017	▼	1117	1217	▼	1317	1417	1517	1545	1617	1717	1817	2007	2207
☆ Helston The Blue Anchor arr	0622	0722	0817		0822	0832	▼	0920	0922	1120	1122	1222	1320	1322	1422	1522	1550	1622	1722	1822	2012	2212
<i>you may need to change buses at Helston</i>	▼	▼	U4x	390	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼
☆ Helston The Blue Anchor dep	0630	0730	0820		0830	0835		0930	1030		1130	1230		1330	1430	1530	1550	1630	1730	1830	2015	2215
Porthleven Harbour	0640	0740	0830		0840	0845		0940	1040		1140	1240		1340	1440	1540	1600	1640	1740	1840	2025	2225
Breage Shute Hill	0645	0745	0835		0845	0850		0945	1045		1145	1245		1345	1445	1545	1605	1645	1745	1845	2030	2230
Ashton Lion and Lamb	0647	0747	0837		0847	0852		0947	1047		1147	1247		1347	1447	1547	1607	1647	1747	1847	2032	2232
Rosudgeon Falmouth Packet Inn	0655	0755	0845		0855	0900		0955	1055		1155	1255		1355	1455	1555	1615	1655	1755	1855	2040	2240
Goldsmithy St Aubyns	0700	0800	▼	0841	0900	0905		1000	1100		1200	1300		1400	1500	1600	1620	1700	1800	1900	2045	2245
	▼	▼	▼	▼	▼	▼		▼	▼		▼	▼		▼	▼	▼	▼	▼	▼	▼	▼	▼
Marazion Square	0706	0806	▼	0846	0906	0911		1006	1106		1206	1306		1406	1506	1606	1626	1706	1806	1906	2051	2251
Long Rock The Mexico Inn	0711	0811	▼	0851	0911	0916		1011	1111		1211	1311		1411	1511	1611	1631	1711	1811	1911	2056	2256
🚊 Penzance bus & rail station	0720	0820	▼	▼	0920	0925		1020	1120		1220	1320		1420	1520	1620	1640	1720	1820	1920	2105	2305
Penwith College					0900	0903																

the **390** runs from Camborne via Hayle, Leedstown, Townshend and Relubbus - see page 21

these buses run during school holidays only

these buses run on school days only

College days

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- Penwith College
- 🚉 **Penzance** bus & rail station stand E
- Long Rock** The Mexico Inn
- Marazion** Square
- Goldsmithey** St Aubyns
- Rosudgeon** Falmouth Packet Inn
- Ashton** Lion and Lamb
- Breage** Shute Hill
- Porthleven** Harbour
- ☆ **Helston** The Blue Anchor arr
- you may need to change buses at Helston
- ☆ **Helston** The Blue Anchor dep
- Helston** Tesco
- Helston** Sainsbury's
- RNAS Culdrose**
- Cury** Parc Enys
- Poldhu Cove**
- Mullion** Cricket Club
- Mullion School**
- Mullion Holiday Park** entrance
- Kuggar** bus shelter
- Ruan Minor** Glebe Close
- Lizard** The Green

U4	U4	U4	U4	U4	U4	U4	U4	U4	U4	U4	390	U4x	U4	U4	U4	U4	U4	U4
											1625	1625						
0725	0735	0835	0935	1035	1135	1235	1335	1435	1545	▼	1633	1635	1735	1835	1935	2135	2335	
0732	0742	0842	0942	1042	1142	1242	1342	1442	1542	1631	▼	1642	1742	1842	1942	2142	2342	
0737	0747	0847	0947	1047	1147	1247	1347	1447	1547	1636	▼	1647	1747	1847	1947	2147	2347	
0744	0754	0854	0954	1054	1154	1254	1354	1454	1554	1643	▼	1654	1754	1854	1954	2154	2354	
0749	0759	0859	0959	1059	1159	1259	1359	1459	1559		1649	1659	1759	1859	1959	2159	2359	
0756	0806	0906	1006	1106	1206	1306	1406	1506	1606		1655	1706	1806	1906	2006	2206	0006	
0758	0808	0908	1008	1108	1208	1308	1408	1508	1608		1657	1708	1808	1908	2008	2208	0008	
0804	0814	0914	1014	1114	1214	1314	1414	1514	1614		1703	1714	1814	1914	2014	2214	0014	
0815	0825	0925	1025	1125	1225	1325	1425	1525	1625		1714	1725	1825	1922	2025	2225	0022	
▼	▼	L1	▼	L1	▼	L1	▼	L1	▼		L1	L1	▼	▼	▼	▼	▼	
0820	0830	0930	1030	1130	1230	1330	1430	1530	1630		1715	1730	1830	1922	2030	2230	0022	
0835	0835	0935	1035	1135	1235	1335	1435	1535	1635		1720	1735	1835	1925	2035	2235	0025	
		0941		1141		1341		1541			1726	1741						
		0946		1146		1346		1546			1731	1746						
		0954		1154		1354		1554			1739	1754						
		0958		1158		1358		1558			1743	1758						
		1004		1204		1404		1604			1749	1804						
		1008		1208		1408		1608			1753	1808						
		1010		1210		1410		1610			1755	1810						
		▼		▼		▼		▼			▼	▼						
		▼		▼		▼		▼			▼	▼						
		1019		1219		1419		1619			1804	1819						
		1024		1224		1424		1624			1809	1824						
		1033		1233		1433		1633			1818	1833						

the **390** continues via Relubbus, Townshend, Leedstown and Hayle to Camborne - see page 21

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