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**Timetable report**

(Printed Date: 2026-07-22)

195

SD - Operates on school days only

NSD - Operates during school holidays only

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**Parc Trostre/Llanelli - Carmarthen**

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| Days                         |     | MTWHF | MTWHF | MTWHF | MTWHF | MTWHF | MTWHF | MTWHF | MTWHF |
|------------------------------|-----|-------|-------|-------|-------|-------|-------|-------|-------|
| Service No                   |     | 195   | 195   | 195   | 195   | 195   | 195   | 195   | 195   |
| Trip Note Code               |     |       | SD    | NSD   |       |       |       |       |       |
| Parc Trostre                 |     |       |       |       | 08:19 | 10:19 | 12:19 | 14:19 | 16:19 |
| Llanelli Bus Station         | Arr |       |       |       | 08:25 | 10:25 | 12:25 | 14:25 | 16:25 |
| Llanelli Bus Station         | Dep | 06:15 | 07:10 | 07:10 | 08:28 | 10:28 | 12:28 | 14:28 | 16:28 |
| Stradey Arms                 |     | 06:19 | 07:14 | 07:14 | 08:33 | 10:33 | 12:33 | 14:33 | 16:33 |
| Five Roads Post Office       |     | 06:25 | 07:20 | 07:20 | 08:39 | 10:39 | 12:39 | 14:39 | 16:39 |
| Gwendraeth Arms              |     | 06:31 | 07:27 | 07:27 | 08:45 | 10:45 | 12:45 | 14:45 | 16:45 |
| Ponthenry PO                 |     | 06:35 | 07:31 | 07:31 | 08:49 | 10:49 | 12:49 | 14:49 | 16:49 |
| Coalbrook Road               |     | 06:43 | 07:39 | 07:39 | 08:57 | 10:57 | 12:57 | 14:57 | 16:57 |
| Coalbrook Road               | Dep | 06:44 | 07:42 | 07:42 | 09:00 | 11:00 | 13:00 | 15:00 | 17:00 |
| Bancffosfelen Primary School |     | 06:49 | 07:49 | 07:49 | 09:05 | 11:05 | 13:05 | 15:05 | 17:05 |
| Crwbin                       |     | 06:51 | 07:52 | 07:52 | 09:07 | 11:07 | 13:07 | 15:07 | 17:07 |
| Smiths` Arms                 |     | 06:54 | 07:55 | 07:55 | 09:10 | 11:10 | 13:10 | 15:10 | 17:10 |
| Black Lion                   |     | 06:59 | 08:01 | 08:01 | 09:16 | 11:16 | 13:16 | 15:16 | 17:16 |
| Carmarthen Bus Station       | Arr | 07:07 | 08:11 | 08:11 | 09:25 | 11:25 | 13:25 | 15:25 | 17:25 |
| Carmarthen Bus Station       | Dep |       | 08:13 |       |       |       |       |       |       |
| Queen Elizabeth High School  |     |       | 08:20 |       |       |       |       |       |       |

| Days                         |     | S     | S     | S     | S     | S     | S     | S     | S     |
|------------------------------|-----|-------|-------|-------|-------|-------|-------|-------|-------|
| Service No                   |     | 195   | 195   | 195   | 195   | 195   | 195   | 195   | 195   |
| Trip Note Code               |     |       |       |       |       |       |       |       |       |
| Parc Trostre                 |     |       |       | 08:19 | 10:19 | 12:19 | 14:19 | 16:19 | 17:36 |
| Llanelli Bus Station         | Arr |       |       | 08:25 | 10:25 | 12:25 | 14:25 | 16:25 | 17:42 |
| Llanelli Bus Station         | Dep | 06:15 | 07:10 | 08:28 | 10:28 | 12:28 | 14:28 | 16:28 | 17:45 |
| Stradey Arms                 |     | 06:19 | 07:14 | 08:33 | 10:33 | 12:33 | 14:33 | 16:33 | 17:50 |
| Five Roads Post Office       |     | 06:25 | 07:20 | 08:39 | 10:39 | 12:39 | 14:39 | 16:39 | 17:56 |
| Gwendraeth Arms              |     | 06:31 | 07:27 | 08:45 | 10:45 | 12:45 | 14:45 | 16:45 | 18:02 |
| Ponthenry PO                 |     | 06:35 | 07:31 | 08:49 | 10:49 | 12:49 | 14:49 | 16:49 | 18:06 |
| Coalbrook Road               |     | 06:43 | 07:39 | 08:57 | 10:57 | 12:57 | 14:57 | 16:57 | 18:14 |
| Coalbrook Road               | Dep | 06:44 | 07:42 | 09:00 | 11:00 | 13:00 | 15:00 | 17:00 | 18:16 |
| Bancffosfelen Primary School |     | 06:49 | 07:49 | 09:05 | 11:05 | 13:05 | 15:05 | 17:05 | 18:21 |
| Crwbin                       |     | 06:51 | 07:52 | 09:07 | 11:07 | 13:07 | 15:07 | 17:07 | 18:23 |



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**Timetable report**

(Printed Date: 2026-07-22)

195

SD - Operates on school days only

NSD - Operates during school holidays only

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**Carmarthen - Llanelli/Parc Trostre**

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| Days                         |     | MTWHF | MTWHF | MTWHF | MTWHF | MTWHF | MTWHF | MTWHF | MTWHF |
|------------------------------|-----|-------|-------|-------|-------|-------|-------|-------|-------|
| Service No                   |     | 195   | 195   | 195   | 195   | 195   | 195   | 195   | 195   |
| Trip Note Code               |     |       |       |       |       | SD    | NSD   |       |       |
| Queen Elizabeth High School  |     |       |       |       |       | 15:33 |       |       |       |
| Carmarthen Bus Station       |     |       |       |       |       | 15:47 |       |       |       |
| Carmarthen Bus Station       | Dep | 07:10 | 09:33 | 11:33 | 13:33 | 15:50 | 15:50 | 17:30 | 18:45 |
| Black Lion                   |     | 07:17 | 09:41 | 11:41 | 13:41 | 15:58 | 15:58 | 17:38 | 18:52 |
| Smiths` Arms                 |     | 07:22 | 09:47 | 11:47 | 13:47 | 16:04 | 16:04 | 17:43 | 18:57 |
| Crwbin                       |     | 07:25 | 09:50 | 11:50 | 13:50 | 16:07 | 16:07 | 17:46 | 19:00 |
| Bancffosfelen Primary School |     | 07:28 | 09:53 | 11:53 | 13:53 | 16:10 | 16:10 | 17:49 | 19:03 |
| Coalbrook Road               |     | 07:37 | 10:02 | 12:02 | 14:02 | 16:19 | 16:19 | 17:57 | 19:11 |
| Coalbrook Road               | Dep | 07:39 | 10:03 | 12:03 | 14:03 | 16:20 | 16:20 | 17:59 | 19:12 |
| Ponthenry PO                 |     | 07:47 | 10:10 | 12:10 | 14:10 | 16:27 | 16:27 | 18:06 | 19:19 |
| Gwendraeth Arms              |     | 07:50 | 10:13 | 12:13 | 14:13 | 16:30 | 16:30 | 18:09 | 19:22 |
| Five Roads Post Office       |     | 07:57 | 10:20 | 12:20 | 14:20 | 16:37 | 16:37 | 18:16 | 19:29 |
| Colliers` Arms               |     | 08:03 | 10:25 | 12:25 | 14:25 | 16:42 | 16:42 | 18:21 | 19:34 |
| Llanelli Bus Station         | Arr | 08:10 | 10:31 | 12:31 | 14:31 | 16:48 | 16:48 | 18:26 | 19:39 |
| Llanelli Bus Station         | Dep | 08:13 | 10:34 | 12:34 | 14:34 |       |       | 18:29 |       |
| Parc Trostre                 |     | 08:17 | 10:38 | 12:38 | 14:38 |       |       | 18:33 |       |

| Days                         |     | S     | S     | S     | S     | S     | S     | S     |  |
|------------------------------|-----|-------|-------|-------|-------|-------|-------|-------|--|
| Service No                   |     | 195   | 195   | 195   | 195   | 195   | 195   | 195   |  |
| Trip Note Code               |     |       |       |       |       |       |       |       |  |
| Queen Elizabeth High School  |     |       |       |       |       |       |       |       |  |
| Carmarthen Bus Station       |     |       |       |       |       |       |       |       |  |
| Carmarthen Bus Station       | Dep | 07:10 | 09:33 | 11:33 | 13:33 | 15:50 | 17:30 | 18:45 |  |
| Black Lion                   |     | 07:17 | 09:41 | 11:41 | 13:41 | 15:58 | 17:38 | 18:52 |  |
| Smiths` Arms                 |     | 07:22 | 09:47 | 11:47 | 13:47 | 16:04 | 17:43 | 18:57 |  |
| Crwbin                       |     | 07:25 | 09:50 | 11:50 | 13:50 | 16:07 | 17:46 | 19:00 |  |
| Bancffosfelen Primary School |     | 07:28 | 09:53 | 11:53 | 13:53 | 16:10 | 17:49 | 19:03 |  |
| Coalbrook Road               |     | 07:37 | 10:02 | 12:02 | 14:02 | 16:19 | 17:57 | 19:11 |  |
| Coalbrook Road               | Dep | 07:39 | 10:03 | 12:03 | 14:03 | 16:20 | 17:59 | 19:12 |  |
| Ponthenry PO                 |     | 07:47 | 10:10 | 12:10 | 14:10 | 16:27 | 18:06 | 19:19 |  |
| Gwendraeth Arms              |     | 07:50 | 10:13 | 12:13 | 14:13 | 16:30 | 18:09 | 19:22 |  |

|                        |     |       |       |       |       |       |       |       |
|------------------------|-----|-------|-------|-------|-------|-------|-------|-------|
| Five Roads Post Office |     | 07:57 | 10:20 | 12:20 | 14:20 | 16:37 | 18:16 | 19:29 |
| Colliers` Arms         |     | 08:03 | 10:25 | 12:25 | 14:25 | 16:42 | 18:21 | 19:34 |
| Llanelli Bus Station   | Arr | 08:10 | 10:31 | 12:31 | 14:31 | 16:48 | 18:26 | 19:39 |
| Llanelli Bus Station   | Dep | 08:13 | 10:34 | 12:34 | 14:34 |       | 18:29 |       |
| Parc Trostre           |     | 08:17 | 10:38 | 12:38 | 14:38 |       | 18:33 |       |