

**Mondays to Fridays** except public holidays

|  | 24   | 23A  | 24   | 23A  | 24A  | 23A  | 24   | 23A  | 23   | 24A  | 24   | 23A  | 24   | 23   | 24   | 23A  | 24A  | 23A  | 24   | 23   | 24   | 23A  | 24A  |      |
|--|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| <b>Queens Hills</b> Kestrel Ave/School | 0549 |      | 0629 |      | 0656 |      | 0711 |      | 0734 |      | 0750 |      | 0810 |      | 0830 |      | 0900 |      | 0920 |      | 0940 |      |      |      |
| <b>Longwater Retail Park</b> Pizza Hut | ▼    | 0606 | ▼    | 0646 | ▼    | 0700 | ▼    | 0715 | 0725 | ▼    |      | 0738 | ▼    | 0800 | ▼    | 0818 | ▼    | 0845 | ▼    | 0912 | ▼    | 0932 | ▼    |      |
| <b>William Frost Way</b> Sainsburys    | •    | 0555 | 0608 | 0635 | 0648 | 0702 | 0702 | 0717 | 0717 | 0727 | 0740 | 0745 | 0740 | 0757 | 0802 | 0817 | 0820 | 0837 | 0846 | 0906 | 0913 | 0926 | 0933 | 0946 |
| <b>Roundwell Med Ctr</b> Dereham Rd    | •    | 0558 | ▼    | 0638 | ▼    | 0705 | ▼    | 0721 | ▼    |      | 0745 | 0750 | ▼    | 0803 | ▼    | 0823 | ▼    | 0843 | ▼    | 0910 | ▼    | 0930 | ▼    | 0950 |
| <b>Roundwell Med Ctr</b> Longwater Ln  |      | ▼    | 0611 | ▼    | 0651 | ▼    | 0705 | ▼    | 0720 | 0733 | ▼    | ▼    | 0745 | ▼    | 0809 | ▼    | 0825 | ▼    | 0850 | ▼    | 0917 | ▼    | 0936 | ▼    |
| <b>Costessey</b> Longwater Lane/Park   | •    | ▼    | 0613 | ▼    | 0653 | ▼    | 0707 | ▼    | 0722 | ▼    | ▼    | ▼    | 0748 | ▼    | ▼    | 0828 | ▼    | 0853 | ▼    | 0917 | ▼    | 0938 | ▼    | ▼    |
| <b>Costessey</b> Jerningham Road       |      | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | 0741 | ▼    | ▼    | ▼    | ▼    | ▼    | 0819 | ▼    | ▼    | ▼    | ▼    | ▼    | 0923 | ▼    | ▼    | ▼    |
| <b>Dereham Road</b> Larkman Lane       |      | 0605 | 0625 | 0645 | 0705 | 0713 | 0721 | 0729 | 0739 | 0749 | 0757 | 0802 | 0807 | 0817 | 0827 | 0837 | 0847 | 0857 | 0908 | 0920 | 0930 | 0940 | 0950 | 1000 |
| <b>Dereham Road</b> Adelaide Street    | •    | 0612 | 0632 | 0652 | 0712 | 0721 | 0729 | 0737 | 0747 | 0757 | 0807 | 0812 | 0817 | 0827 | 0837 | 0847 | 0857 | 0907 | 0917 | 0927 | 0937 | 0947 | 0957 | 1007 |
| <b>City Centre</b> Theatre Street      |      | 0619 | 0639 | 0659 | 0720 | 0730 | 0738 | 0746 | 0756 | 0806 | 0816 | 0821 | 0826 | 0836 | 0846 | 0856 | 0906 | 0916 | 0926 | 0936 | 0946 | 0956 | 1006 | 1016 |
| <b>City Centre</b> Castle Meadow       |      | 0625 | 0645 | 0705 | 0727 | 0737 | 0745 | 0753 | 0803 | 0810 | 0823 | 0825 | 0833 | 0843 | 0853 | 0903 | 0913 | 0923 | 0933 | 0943 | 0953 | 1003 | 1013 | 1023 |
| <b>Rail Station</b> Wensum House       | •    | 0628 | 0648 | 0708 | 0730 | 0740 | 0748 | 0757 | 0807 |      | 0827 |      | 0837 | 0847 | 0857 | 0907 | 0917 | 0927 | 0937 | 0947 | 0957 | 1007 | 1017 | 1027 |
| <b>Plumstead Road</b> The Heartsease   | •    | 0636 | 0656 | 0716 | 0740 | 0750 | 0758 | 0808 | 0818 |      | 0838 |      | 0848 | 0858 | 0908 | 0918 | 0928 | 0938 | 0948 | 0958 | 1008 | 1018 | 1028 | 1038 |
| <b>Salhouse Road</b> Retail Park       | •    | ▼    | 0700 | ▼    | 0744 | ▼    | 0802 | ▼    | 0822 |      | ▼    |      | 0852 | ▼    | 0912 | ▼    | 0932 | ▼    | 0952 | ▼    | 1012 | ▼    | 1032 | ▼    |
| <b>Heartsease</b> Sale Road            |      | ▼    | 0703 | ▼    | 0747 | ▼    | 0805 | ▼    | 0825 |      | ▼    |      | 0855 | ▼    | 0915 | ▼    | 0935 | ▼    | 0955 | ▼    | 1015 | ▼    | 1035 | ▼    |
| <b>Plumstead Road East</b> Witard Road | •    | ▼    | ▼    |      | 0753 | ▼    | ▼    |      |      | 0841 | ▼    | ▼    | ▼    | ▼    |      | 0941 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | 1041 | ▼    |
| <b>Booty Road</b> Woodlands Crescent   | •    | ▼    | ▼    |      | 0802 | ▼    | ▼    |      |      | 0850 | ▼    | ▼    | ▼    | ▼    |      | 0950 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | 1048 | ▼    |
| <b>Gordon Avenue</b> Hillcrest Road    | •    | 0639 |      | 0719 |      | ▼    | 0811 |      | ▼    | ▼    |      | ▼    | ▼    | ▼    | 0901 | ▼    | 0921 | ▼    | ▼    | ▼    | 1001 | ▼    | 1021 | ▼    |
| <b>South Hill Road</b> Charles Avenue  | •    | 0646 |      | 0726 |      | ▼    | 0819 |      | ▼    | ▼    |      | ▼    | ▼    | ▼    | 0909 | ▼    | 0929 | ▼    | ▼    | ▼    | 1009 | ▼    | 1029 | ▼    |
| <b>Thorpe St. Andrew</b> Sainsburys    |      | 0650 |      | 0730 |      | 0805 |      | 0823 |      | 0853 |      | 0913 |      | 0933 |      | 0953 |      | 1013 |      | 1033 |      | 1051 |      | ▼    |

|  | 23A  | 24   | 23 | 24 | 23A | 24A | 23A | 24   | 23   | 24   | 23A  | 23   | 24A  | 23A  | 24   | 23   | 24   | 23A  | 24A  | 23A  | 24   | 23   | 24   |      |
|--|------|------|----|----|-----|-----|-----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| <b>Queens Hills</b> Kestrel Ave/School | 0952 | 00   | 20 | 40 |     |     |     | 1400 |      | 1420 |      |      | 1442 |      | 1502 |      | 1522 |      | 1543 |      | 1603 |      | 1633 |      |
| <b>Longwater Retail Park</b> Pizza Hut | ▼    | 12   | 32 | 52 |     |     |     | ▼    | 1412 | ▼    | 1432 |      | ▼    | 1455 | ▼    | 1515 | ▼    | 1535 | ▼    | 1555 | ▼    | 1620 | ▼    |      |
| <b>William Frost Way</b> Sainsburys    | •    | 0953 | 06 | 13 | 26  | 33  | 46  | 53   | 1406 | 1413 | 1426 | 1433 |      | 1448 | 1456 | 1508 | 1517 | 1528 | 1536 | 1549 | 1556 | 1609 | 1621 | 1639 |
| <b>Roundwell Med Ctr</b> Dereham Rd    | •    | ▼    | 10 | ▼  | 30  | ▼   | 50  | ▼    | 1410 | ▼    | 1430 | ▼    |      | 1453 | ▼    | 1513 | ▼    | 1533 | ▼    | 1554 | ▼    | 1614 | ▼    | 1644 |
| <b>Roundwell Med Ctr</b> Longwater Ln  | 0956 |      | ▼  | 17 | ▼   | 36  | ▼   | 56   | ▼    | 1417 | ▼    | 1436 | ▼    | ▼    | 1459 | ▼    | 1521 | ▼    | 1539 | ▼    | 1559 | ▼    | 1627 | ▼    |
| <b>Costessey</b> Longwater Lane/Park   | •    | 0958 | ▼  | ▼  | ▼   | 38  | ▼   | 58   | ▼    | ▼    | ▼    | 1438 | ▼    | ▼    | 1501 | ▼    | ▼    | 1541 | ▼    | 1601 | ▼    | ▼    | ▼    | ▼    |
| <b>Costessey</b> Jerningham Road       |      | ▼    | 23 | ▼  | ▼   | ▼   | ▼   |      | ▼    | 1423 | ▼    | ▼    | ▼    | ▼    | ▼    | 1528 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | 1635 | ▼    |
| <b>Dereham Road</b> Larkman Lane       | 1010 |      | 20 | 30 | 40  | 50  | 00  | 10   | 1420 | 1430 | 1440 | 1450 |      | 1505 | 1515 | 1525 | 1535 | 1545 | 1555 | 1605 | 1615 | 1625 | 1640 | 1655 |
| <b>Dereham Road</b> Adelaide Street    | •    | 1017 | 27 | 37 | 47  | 57  | 07  | 17   | 1427 | 1437 | 1447 | 1457 |      | 1513 | 1523 | 1533 | 1543 | 1553 | 1603 | 1613 | 1623 | 1633 | 1648 | 1703 |
| <b>City Centre</b> Theatre Street      | 1026 |      | 36 | 46 | 56  | 06  | 16  | 26   | 1436 | 1446 | 1456 | 1506 | 1517 | 1522 | 1532 | 1542 | 1552 | 1602 | 1612 | 1622 | 1632 | 1642 | 1657 | 1712 |
| <b>City Centre</b> Castle Meadow       | 1033 |      | 43 | 53 | 03  | 13  | 23  | 33   | 1443 | 1453 | 1503 | 1513 | 1525 | 1530 | 1540 | 1550 | 1600 | 1610 | 1620 | 1630 | 1640 | 1650 | 1705 | 1720 |
| <b>Rail Station</b> Wensum House       | •    | 1037 | 47 | 57 | 07  | 17  | 27  | 37   | 1447 | 1457 | 1507 | 1517 | 1530 | 1535 | 1545 | 1555 | 1605 | 1615 | 1625 | 1635 | 1645 | 1655 | 1710 | 1725 |
| <b>Plumstead Road</b> The Heartsease   | •    | 1048 | 58 | 08 | 18  | 28  | 38  | 48   | 1458 | 1508 | 1518 | 1528 | 1545 | 1550 | 1602 | 1612 | 1622 | 1632 | 1642 | 1652 | 1702 | 1712 | 1727 | 1742 |
| <b>Salhouse Road</b> Retail Park       | •    | 1052 | ▼  | 12 | ▼   | 32  | ▼   | 52   | ▼    | 1512 | ▼    | 1532 | 1549 | ▼    | 1606 | ▼    | 1626 | ▼    | 1646 | ▼    | 1706 | ▼    | 1731 | ▼    |
| <b>Heartsease</b> Sale Road            | 1055 |      | ▼  | 15 | ▼   | 35  | ▼   | 55   | ▼    | 1515 | ▼    | 1535 | 1552 | ▼    | 1609 | ▼    | 1629 | ▼    | 1649 | ▼    | 1709 | ▼    | 1734 | ▼    |
| <b>Plumstead Road East</b> Witard Road | •    | ▼    | ▼  | ▼  |     | 41  |     |      | ▼    | ▼    | ▼    |      |      | 1553 | ▼    | ▼    | ▼    | 1655 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    |
| <b>Booty Road</b> Woodlands Crescent   | •    | ▼    | ▼  | ▼  |     | 48  |     |      | ▼    | ▼    | ▼    |      |      | 1602 | ▼    | ▼    | ▼    | 1704 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    |
| <b>Gordon Avenue</b> Hillcrest Road    | •    | 01   | 21 | ▼  | ▼   |     |     |      | 1501 | 1522 | ▼    | ▼    | 1617 | ▼    | 1637 | ▼    | ▼    | 1717 | ▼    | ▼    | ▼    | ▼    | ▼    | 1747 |
| <b>South Hill Road</b> Charles Avenue  | •    | 09   | 29 | ▼  | ▼   |     |     |      | 1509 | 1531 | ▼    | ▼    | 1626 | ▼    | 1646 | ▼    | ▼    | 1726 | ▼    | ▼    | ▼    | ▼    | ▼    | 1756 |
| <b>Thorpe St. Andrew</b> Sainsburys    |      | 13   | 33 |    | 51  |     |     |      | 1513 | 1535 |      |      | 1605 |      | 1630 |      |      | 1707 |      |      |      |      |      | 1800 |

|  | 23A | 24A  | 23A  | 24   | 23   | 24   | 23A  | 24A  | 23   | 24   | 23A  | 23   | 24B  | 23   | 24B  | 23   | 24B  | 23   | 24B  |      |  |  |  |
|--|-----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|--|--|--|
| <b>Queens Hills</b> Kestrel Ave/School |     | 1653 |      | 1713 |      | 1733 |      | 1748 |      | 1819 |      | 1906 |      | 2006 |      | 2106 |      | 2206 |      |      |  |  |  |
| <b>Longwater Retail Park</b> Pizza Hut | •   | 1645 | ▼    | 1705 | ▼    | 1726 | ▼    | 1745 | ▼    | 1806 | ▼    | 1835 | ▼    | 1935 | ▼    | 2035 | ▼    | 2135 | ▼    | 2235 |  |  |  |
| <b>William Frost Way</b> Sainsburys    | •   | 1646 | 1659 | 1706 | 1719 | 1727 | 1739 | 1746 | 1754 | 1807 | 1825 | 1836 | 1912 | 1936 | 2012 | 2036 | 2112 | 2136 | 2212 | 2236 |  |  |  |
| <b>Roundwell Med Ctr</b> Dereham Rd    | •   | ▼    | 1704 | ▼    | 1724 | ▼    | 1744 | ▼    | 1800 | ▼    | 1829 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    |  |  |  |
| <b>Roundwell Med Ctr</b> Longwater Ln  |     | 1649 | ▼    | 1709 | ▼    | 1731 | ▼    | 1749 | ▼    | 1811 | ▼    | 1838 | 1915 | 1938 | 2015 | 2038 | 2115 | 2138 | 2215 | 2238 |  |  |  |
| <b>Costessey</b> Longwater Lane/Park   | •   | 1651 | ▼    | 1711 | ▼    | ▼    | ▼    | 1751 | ▼    | ▼    | ▼    | 1840 | ▼    | 1940 | ▼    | 2040 | ▼    | 2140 | ▼    | 2240 |  |  |  |
| <b>Costessey</b> Jerningham Road       |     | ▼    | ▼    | ▼    | ▼    | 1738 | ▼    | ▼    | ▼    | 1816 | ▼    | ▼    | 1920 | ▼    | 2020 | ▼    | 2120 | ▼    | 2220 | ▼    |  |  |  |
| <b>Dereham Road</b> Larkman Lane       |     | 1705 | 1715 | 1725 | 1735 | 1745 | 1755 | 1805 | 1812 | 1822 | 1837 | 1852 | 1924 | 1949 | 2024 | 2049 | 2124 | 2149 | 2224 | 2249 |  |  |  |
| <b>Dereham Road</b> Adelaide Street    | •   | 1713 | 1723 | 1733 | 1743 | 1753 | 1803 | 1813 | 1819 | 1829 | 1844 | 1859 | 1930 | 1955 | 2030 | 2055 | 2130 | 2155 | 2230 | 2255 |  |  |  |
| <b>City Centre</b> Theatre Street      |     | 1722 | 1732 | 1742 | 1752 | 1802 | 1812 | 1822 | 1827 | 1837 | 1852 | 1907 | 1938 | 2003 | 2038 | 2103 | 2138 | 2203 | 2238 | 2303 |  |  |  |
| <b>City Centre</b> Castle Meadow       |     | 1730 | 1740 | 1750 | 1800 | 1810 | 1820 | 1828 | 1835 | 1845 | 1900 | 1915 | 1945 | 2008 | 2045 | 2108 | 2145 | 2208 | 2245 | 2308 |  |  |  |
| <b>Rail Station</b> Wensum House       | •   | 1735 | 1745 | 1755 | 1804 | 1814 | 1824 | 1832 | 1838 | 1848 | 1903 | 1918 | 1948 | 2011 | 2048 | 2111 | 2148 | 2211 | 2248 | 2311 |  |  |  |
| <b>Plumstead Road</b> The Heartsease   | •   | 1752 | 1800 | 1810 | 1818 | 1828 | 1835 | 1843 | 1848 | 1857 | 1911 | 1926 | 1956 | 2019 | 2056 | 2119 | 2156 | 2219 | 2256 | 2319 |  |  |  |
| <b>Salhouse Road</b> Retail Park       | •   | 1756 | ▼    | 1814 | ▼    | 1832 | ▼    | 1847 | ▼    | 1901 | ▼    | 1930 | 2000 | ▼    | 2100 | ▼    | 2200 | ▼    | 2300 | ▼    |  |  |  |
| <b>Heartsease</b> Sale Road            |     | 1759 | ▼    | 1817 | ▼    | 1835 | ▼    | 1850 | ▼    | 1904 | ▼    | 1933 | 2003 | ▼    | 2103 | ▼    | 2203 | ▼    | 2303 | ▼    |  |  |  |
| <b>Plumstead Road East</b> Witard Road | •   | ▼    | 1804 | ▼    | ▼    | ▼    | ▼    | 1851 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    |  |  |  |
| <b>Booty Road</b> Woodlands Crescent   | •   | ▼    | 1815 | ▼    | ▼    | ▼    | ▼    | 1900 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    |  |  |  |
| <b>Gordon Avenue</b> Hillcrest Road    | •   | ▼    | ▼    | 1821 | ▼    | 1838 | ▼    | ▼    | 1914 | ▼    | ▼    | ▼    | 2022 | ▼    | 2122 | ▼    | 2222 | ▼    | 2322 | ▼    |  |  |  |
| <b>South Hill Road</b> Charles Avenue  |     |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |  |  |  |

Saturdays

|                       |                     |
|-----------------------|---------------------|
| Queens Hills          | Kestrel Ave/School  |
| Longwater Retail Park | Pizza Hut           |
| William Frost Way     | Sainsburys          |
| Roundwell Med Ctr     | Dereham Rd          |
| Roundwell Med Ctr     | Longwater Ln        |
| Costessey             | Longwater Lane/Park |
| Costessey             | Jerningham Road     |
| Dereham Road          | Larkman Lane        |
| Dereham Road          | Adelaide Street     |
| City Centre           | Theatre Street      |
| City Centre           | Castle Meadow       |
| Rail Station          | Wensum House        |
| Plumstead Road        | The Heartsease      |
| Salhouse Road         | Retail Park         |
| Heartsease            | Sale Road           |
| Plumstead Road East   | Witard Road         |
| Booty Road            | Woodlands Crescent  |
| Gordon Avenue         | Hillcrest Road      |
| South Hill Road       | Charles Avenue      |
| Thorpe St. Andrew     | Sainsburys          |

| 23A  | 23   | 24A  | 23A  | 24   | 23   | 24A  | 23A  | 24   | 23   | 24A  | 23A  | 24   | 23   | 24   | 23A  | 24A  | 23A  | 24   | 23   | 24   | 23A  | 24A  |
|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 0620 | 0651 | 0704 | 0720 | 0734 | 0747 | 0800 | 0812 | 0820 | 0832 | 0840 | 0852 | 0900 | 0912 | 0920 | 0932 | 0940 | 0950 | 1000 | 1010 | 1020 | 1030 | 1040 |
| 0621 | 0652 | 0710 | 0721 | 0740 | 0748 | 0806 | 0813 | 0826 | 0833 | 0846 | 0853 | 0906 | 0913 | 0926 | 0933 | 0946 | 0956 | 1006 | 1016 | 1026 | 1036 | 1046 |
| 0625 | 0656 | 0714 | 0725 | 0744 | 0752 | 0810 | 0816 | 0827 | 0837 | 0846 | 0856 | 0907 | 0917 | 0927 | 0936 | 0946 | 0956 | 1006 | 1016 | 1026 | 1036 | 1046 |
| 0627 | 0702 | 0727 | 0727 | 0758 | 0758 | 0818 | 0818 | 0843 | 0843 | 0858 | 0858 | 0923 | 0923 | 0938 | 0938 | 0953 | 1003 | 1013 | 1023 | 1033 | 1043 | 1053 |
| 0637 | 0707 | 0722 | 0737 | 0752 | 0805 | 0820 | 0830 | 0840 | 0850 | 0900 | 0910 | 0920 | 0930 | 0940 | 0950 | 1000 | 1010 | 1020 | 1030 | 1040 | 1050 | 1100 |
| 0644 | 0714 | 0729 | 0744 | 0759 | 0812 | 0827 | 0837 | 0847 | 0857 | 0907 | 0917 | 0927 | 0937 | 0947 | 0957 | 1007 | 1017 | 1027 | 1037 | 1047 | 1057 | 1107 |
| 0653 | 0723 | 0738 | 0753 | 0808 | 0821 | 0836 | 0846 | 0856 | 0906 | 0916 | 0926 | 0936 | 0946 | 0956 | 1006 | 1016 | 1026 | 1036 | 1046 | 1056 | 1106 | 1116 |
| 0658 | 0728 | 0743 | 0758 | 0813 | 0828 | 0843 | 0853 | 0903 | 0913 | 0923 | 0933 | 0943 | 0953 | 1003 | 1013 | 1023 | 1033 | 1043 | 1053 | 1103 | 1113 | 1123 |
| 0700 | 0730 | 0745 | 0800 | 0815 | 0832 | 0846 | 0856 | 0906 | 0917 | 0926 | 0936 | 0946 | 0957 | 1006 | 1016 | 1026 | 1036 | 1046 | 1056 | 1106 | 1116 | 1126 |
| 0706 | 0736 | 0751 | 0806 | 0821 | 0843 | 0858 | 0908 | 0918 | 0928 | 0938 | 0948 | 0958 | 1008 | 1018 | 1028 | 1038 | 1048 | 1058 | 1108 | 1118 | 1128 | 1138 |
| 0709 | 0739 | 0751 | 0809 | 0827 | 0847 | 0912 | 0912 | 0932 | 0932 | 0952 | 0952 | 1012 | 1012 | 1032 | 1032 | 1052 | 1052 | 1112 | 1112 | 1132 | 1132 | 1152 |
| 0712 | 0742 | 0812 | 0812 | 0850 | 0915 | 0935 | 0935 | 0955 | 0955 | 1015 | 1015 | 1035 | 1035 | 1055 | 1055 | 1115 | 1115 | 1135 | 1135 | 1155 | 1155 | 1215 |
| 0754 | 0754 | 0901 | 0901 | 0941 | 0941 | 1001 | 1001 | 1021 | 1021 | 1041 | 1041 | 1101 | 1101 | 1121 | 1121 | 1141 | 1141 | 1201 | 1201 | 1221 | 1221 | 1241 |
| 0801 | 0801 | 0908 | 0908 | 0948 | 0948 | 1008 | 1008 | 1028 | 1028 | 1048 | 1048 | 1108 | 1108 | 1128 | 1128 | 1148 | 1148 | 1208 | 1208 | 1228 | 1228 | 1248 |
| 0824 | 0824 | 0921 | 0921 | 1001 | 1001 | 1021 | 1021 | 1041 | 1041 | 1101 | 1101 | 1121 | 1121 | 1141 | 1141 | 1201 | 1201 | 1221 | 1221 | 1241 | 1241 | 1301 |
| 0832 | 0832 | 0929 | 0929 | 1009 | 1009 | 1029 | 1029 | 1049 | 1049 | 1109 | 1109 | 1129 | 1129 | 1149 | 1149 | 1209 | 1209 | 1229 | 1229 | 1249 | 1249 | 1309 |
| 0804 | 0804 | 0836 | 0836 | 0911 | 0911 | 0933 | 0933 | 0951 | 0951 | 1013 | 1013 | 1033 | 1033 | 1051 | 1051 | 1113 | 1113 | 1133 | 1133 | 1151 | 1151 | 1213 |

then at the same mins past each hour

until

|                       |                     |
|-----------------------|---------------------|
| Queens Hills          | Kestrel Ave/School  |
| Longwater Retail Park | Pizza Hut           |
| William Frost Way     | Sainsburys          |
| Roundwell Med Ctr     | Dereham Rd          |
| Roundwell Med Ctr     | Longwater Ln        |
| Costessey             | Longwater Lane/Park |
| Costessey             | Jerningham Road     |
| Dereham Road          | Larkman Lane        |
| Dereham Road          | Adelaide Street     |
| City Centre           | Theatre Street      |
| City Centre           | Castle Meadow       |
| Rail Station          | Wensum House        |
| Plumstead Road        | The Heartsease      |
| Salhouse Road         | Retail Park         |
| Heartsease            | Sale Road           |
| Plumstead Road East   | Witard Road         |
| Booty Road            | Woodlands Crescent  |
| Gordon Avenue         | Hillcrest Road      |
| South Hill Road       | Charles Avenue      |
| Thorpe St. Andrew     | Sainsburys          |

| 24   | 23   | 24   | 23A  | 24A  | 23   | 24   | 23A  | 23   | 24B  | 23   | 24B  | 23   | 24B  | 23   | 24B  |
|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 1700 | 1712 | 1720 | 1732 | 1740 | 1806 | 1819 | 1835 | 1906 | 1935 | 2006 | 2035 | 2106 | 2135 | 2206 | 2235 |
| 1706 | 1713 | 1726 | 1733 | 1746 | 1807 | 1825 | 1836 | 1912 | 1936 | 2012 | 2036 | 2112 | 2136 | 2212 | 2236 |
| 1710 | 1717 | 1730 | 1736 | 1750 | 1811 | 1838 | 1915 | 1938 | 2015 | 2038 | 2115 | 2138 | 2215 | 2238 | 2240 |
| 1712 | 1723 | 1732 | 1732 | 1816 | 1816 | 1920 | 1920 | 2020 | 2020 | 2120 | 2120 | 2220 | 2220 | 2240 | 2240 |
| 1720 | 1730 | 1740 | 1750 | 1800 | 1822 | 1837 | 1852 | 1924 | 1949 | 2024 | 2049 | 2124 | 2149 | 2224 | 2249 |
| 1727 | 1737 | 1747 | 1757 | 1807 | 1829 | 1844 | 1859 | 1930 | 1955 | 2030 | 2055 | 2130 | 2155 | 2230 | 2255 |
| 1736 | 1746 | 1756 | 1806 | 1816 | 1837 | 1852 | 1907 | 1938 | 2003 | 2038 | 2103 | 2138 | 2203 | 2238 | 2303 |
| 1743 | 1753 | 1803 | 1813 | 1823 | 1845 | 1900 | 1915 | 1945 | 2008 | 2045 | 2108 | 2145 | 2208 | 2245 | 2308 |
| 1747 | 1757 | 1807 | 1817 | 1827 | 1848 | 1903 | 1918 | 1948 | 2011 | 2048 | 2111 | 2148 | 2211 | 2248 | 2311 |
| 1758 | 1808 | 1818 | 1828 | 1838 | 1857 | 1911 | 1926 | 1956 | 2019 | 2056 | 2119 | 2156 | 2219 | 2256 | 2319 |
| 1812 | 1812 | 1832 | 1832 | 1901 | 1901 | 1930 | 1930 | 2000 | 2000 | 2100 | 2100 | 2200 | 2200 | 2300 | 2300 |
| 1815 | 1815 | 1835 | 1835 | 1904 | 1904 | 1933 | 1933 | 2003 | 2003 | 2103 | 2103 | 2203 | 2203 | 2303 | 2303 |
| 1841 | 1841 | 1848 | 1848 | 1914 | 1914 | 1922 | 1922 | 2022 | 2022 | 2122 | 2122 | 2222 | 2222 | 2322 | 2322 |
| 1811 | 1811 | 1831 | 1831 | 1922 | 1922 | 2027 | 2027 | 2127 | 2127 | 2227 | 2227 | 2327 | 2327 | 2327 | 2327 |
| 1815 | 1815 | 1835 | 1835 | 1851 | 1851 | 1926 | 1926 | 2032 | 2032 | 2132 | 2132 | 2232 | 2232 | 2332 | 2332 |

Sundays and public holidays

|                       |                     |
|-----------------------|---------------------|
| Queens Hills          | Kestrel Ave/School  |
| Longwater Retail Park | Pizza Hut           |
| William Frost Way     | Sainsburys          |
| Roundwell Med Ctr     | Longwater Ln        |
| Costessey             | Longwater Lane/Park |
| Costessey             | Jerningham Road     |
| Dereham Road          | Larkman Lane        |
| Dereham Road          | Adelaide Street     |
| City Centre           | Theatre Street      |
| City Centre           | Castle Meadow       |
| Rail Station          | Wensum House        |
| Plumstead Road        | The Heartsease      |
| Salhouse Road         | Retail Park         |
| Heartsease            | Sale Road           |
| Gordon Avenue         | Hillcrest Road      |
| South Hill Road       | Charles Avenue      |
| Thorpe St. Andrew     | Sainsburys          |

| 23   | 23A  | 23   | 24   | 23A  | 23 | 24 | 23A | 23 | 24   | 23A  | 23   | 24B  |
|------|------|------|------|------|----|----|-----|----|------|------|------|------|------|------|------|------|------|------|------|------|
| 0800 | 0830 | 0900 | 0930 | 0930 | 00 | 30 | 00  | 30 | 1700 | 1730 | 1814 | 1914 | 2014 | 2114 | 2214 | 2314 | 2414 | 2514 | 2614 | 2714 |
| 0806 | 0836 | 0906 | 0936 | 0936 | 06 | 36 | 06  | 36 | 1706 | 1736 | 1820 | 1841 | 1920 | 1941 | 2020 | 2041 | 2120 | 2141 | 2220 | 2241 |
| 0810 | 0839 | 0910 | 0939 | 0939 | 10 | 39 | 10  | 39 | 1710 | 1739 | 1823 | 1844 | 1923 | 1944 | 2023 | 2044 | 2123 | 2144 | 2223 | 2244 |
| 0851 | 0921 | 0951 | 0941 | 0941 | 16 | 41 | 16  | 41 | 1716 | 1741 | 1846 | 1846 | 1946 | 1946 | 2046 | 2046 | 2146 | 2146 | 2246 | 2246 |
| 0816 | 0816 | 0916 | 0916 | 0916 | 16 | 16 | 16  | 16 | 1716 | 1716 | 1828 | 1828 | 1928 | 1928 | 2028 | 2028 | 2128 | 2128 | 2228 | 2228 |
| 0823 | 0853 | 0923 | 0953 | 0953 | 23 | 53 | 23  | 53 | 1723 | 1753 | 1833 | 1855 | 1933 | 1955 | 2033 | 2055 | 2133 | 2155 | 2233 | 2255 |
| 0830 | 0900 | 0930 | 1000 | 1000 | 30 | 00 | 30  | 00 | 1730 | 1800 | 1839 | 1900 | 1939 | 2000 | 2039 | 2100 | 2139 | 2200 | 2239 | 2300 |
| 0839 | 0909 | 0939 | 0959 | 1009 | 39 | 09 | 39  | 09 | 1739 | 1759 | 1809 | 1848 | 1908 | 1948 | 2008 | 2048 | 2108 | 2148 | 2208 | 2248 |
| 0848 | 0918 | 0948 | 1003 | 1018 | 48 | 03 | 48  | 03 | 1748 | 1803 | 1818 | 1853 | 1913 | 1953 | 2013 | 2053 | 2113 | 2153 | 2213 | 2253 |
| 0851 | 0921 | 0951 | 1005 | 1021 | 51 | 05 | 51  | 05 | 1751 | 1805 | 1821 | 1855 | 1915 | 1955 | 2015 | 2055 | 2115 | 2155 | 2215 | 2255 |
| 0900 | 0930 | 1000 | 1012 | 1030 | 00 | 12 | 00  | 12 | 1800 | 1812 | 1830 | 1902 | 1922 | 2002 | 2022 | 2102 | 2122 | 2202 | 2222 | 2302 |
| 0903 | 0933 | 1003 | 1033 | 1033 | 03 | 33 | 03  | 33 | 1803 | 1803 | 1833 | 1905 | 1905 | 2005 | 2005 | 2105 | 2105 | 2205 | 2205 | 2305 |
| 0907 | 0937 | 1007 | 1037 | 1037 | 07 | 37 | 07  | 37 | 1807 | 1807 | 1837 | 1908 | 1908 | 2008 | 2008 | 2108 | 2108 | 2208 | 2208 | 2308 |
| 1015 | 1015 | 1015 | 1015 | 1015 | 15 | 15 | 15  | 15 | 1815 | 1815 | 1815 | 1925 | 1925 | 2025 | 2025 | 2125 | 2125 | 2225 | 2225 | 2325 |
| 1022 | 1022 | 1022 | 1022 | 1022 | 22 | 22 | 22  | 22 | 1822 | 1822 | 1822 | 1931 | 1931 | 2031 | 2031 | 2131 | 2131 | 2231 | 2231 | 2331 |
| 1026 | 1026 | 1026 | 1026 | 1026 | 26 | 26 | 26  | 26 | 1826 | 1826 | 1826 | 1936 | 1936 | 2036 | 2036 | 2136 | 2136 | 2236 | 2236 | 2336 |

then at the same mins past each hour

until

bus times valid from 12 April 2026

• times at these stops are estimated

On arrival at Salhouse Road Retail Park, all buses will continue around the Heartsease Estste loop before returning to the city, or ending their journey.

**Mondays to Fridays** except public holidays

|  |
|--|
| <b>Thorpe St Andrew</b> Sainsburys     |
| <b>South Hill Road</b> Charles Avenue  |
| <b>Gordon Avenue</b> Hillcrest Road    |
| <b>Booty Road</b> Woodlands Crescent   |
| <b>Plumstead Road East</b> Witard Road |
| <b>Salhouse Road</b> Homebase          |
| <b>Heartsease</b> Sale Road            |
| <b>Plumstead Road</b> The Heartsease   |
| <b>Rail Station</b> Wensum House       |
| <b>City Centre</b> Castle Meadow       |
| <b>City Centre</b> Theatre Street      |
| <b>Dereham Road</b> Adelaide Street    |
| <b>Dereham Road</b> Larkman Lane       |
| <b>Costessey</b> Jerningham Road       |
| <b>Costessey</b> Longwater Lane/Park   |
| <b>Roundwell Med Ctr</b> Longwater Ln  |
| <b>Roundwell Med Ctr</b> Dereham Rd    |
| <b>William Frost Way</b> Sainsburys    |
| <b>Longwater Retail Park</b> Pizza Hut |
| <b>Queens Hills</b> Kestrel Ave/School |

|  | 24 | 23A | 24A  | 23 | 24   | 23A  | 24A  | 23A  | 24   | 23   | 24   | 23A  | 24A  | 23A  | 24   | 23   | 24   | 23A  | 24A  | 23A  | 24   | 23   |      |      |      |      |
|--|----|-----|------|----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
|  |    |     | 0630 |    | 0655 |      | 0713 |      | 0735 |      | 0750 |      | 0810 |      | 0835 |      | 0903 |      | 0923 |      | 0943 |      |      |      |      |      |
|  |    |     | ▼    |    | 0658 |      | ▼    |      | 0738 |      | 0753 |      | ▼    |      | 0838 |      | 0906 |      | ▼    |      | 0946 |      |      |      |      |      |
|  |    |     | ▼    |    | 0706 |      | ▼    |      | 0749 |      | 0804 |      | ▼    |      | 0849 |      | 0915 |      | ▼    |      | 0955 |      |      |      |      |      |
|  |    |     | ▼    |    | 0632 |      | ▼    |      | 0715 |      | ▼    |      | 0812 |      | ▼    |      | 0925 |      | ▼    |      | 0955 |      |      |      |      |      |
|  |    |     | ▼    |    | 0642 |      | ▼    |      | 0726 |      | ▼    |      | 0825 |      | ▼    |      | 0936 |      | ▼    |      | 0955 |      |      |      |      |      |
|  |    |     | ▼    |    | 0612 | ▼    | 0647 | ▼    | 0700 | ▼    | 0730 | ▼    | 0744 | ▼    | 0802 | ▼    | 0822 | ▼    | 0852 | ▼    | 0912 | ▼    | 0932 | ▼    | 0952 |      |
|  |    |     | ▼    |    | 0615 | ▼    | 0650 | ▼    | 0708 | ▼    | 0733 | ▼    | 0750 | ▼    | 0808 | ▼    | 0828 | ▼    | 0858 | ▼    | 0918 | ▼    | 0938 | ▼    | 0958 |      |
|  |    |     | ▼    |    | 0605 | 0625 | 0645 | 0700 | 0710 | 0720 | 0730 | 0745 | 0755 | 0802 | 0810 | 0820 | 0830 | 0840 | 0855 | 0910 | 0920 | 0930 | 0940 | 0950 | 1000 | 1010 |
|  |    |     | ▼    |    | 0612 | 0632 | 0653 | 0709 | 0719 | 0729 | 0740 | 0754 | 0806 | 0815 | 0824 | 0834 | 0845 | 0854 | 0906 | 0919 | 0929 | 0939 | 0950 | 0959 | 1009 | 1019 |
|  |    |     | ▼    |    | 0617 | 0637 | 0657 | 0715 | 0725 | 0735 | 0745 | 0800 | 0815 | 0825 | 0835 | 0845 | 0855 | 0905 | 0915 | 0925 | 0935 | 0945 | 0955 | 1005 | 1015 | 1025 |
|  |    |     | ▼    |    | 0620 | 0640 | 0700 | 0719 | 0729 | 0739 | 0749 | 0804 | 0820 | 0830 | 0840 | 0850 | 0900 | 0910 | 0920 | 0930 | 0940 | 0950 | 1000 | 1010 | 1020 | 1030 |
|  |    |     | ▼    |    | 0625 | 0645 | 0705 | 0725 | 0735 | 0745 | 0755 | 0810 | 0827 | 0837 | 0847 | 0857 | 0907 | 0917 | 0927 | 0937 | 0947 | 0957 | 1007 | 1017 | 1027 | 1037 |
|  |    |     | ▼    |    | 0631 | 0651 | 0711 | 0732 | 0743 | 0753 | 0803 | 0818 | 0835 | 0845 | 0855 | 0905 | 0915 | 0925 | 0935 | 0945 | 0955 | 1005 | 1015 | 1025 | 1035 | 1045 |
|  |    |     | ▼    |    | ▼    | ▼    | 0736 | ▼    | ▼    | ▼    | ▼    | ▼    | 0849 | ▼    | ▼    | ▼    | ▼    | 0949 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | 1049 |
|  |    |     | ▼    |    | ▼    | 0701 | ▼    | ▼    | ▼    | 0804 | ▼    | 0829 | ▼    | ▼    | ▼    | ▼    | 0917 | ▼    | 0937 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | 1049 |
|  |    |     | ▼    |    | ▼    | 0703 | ▼    | 0744 | ▼    | 0807 | ▼    | 0832 | ▼    | 0859 | ▼    | 0920 | ▼    | 0940 | ▼    | 0957 | ▼    | 1020 | ▼    | 1040 | ▼    | 1057 |
|  |    |     | ▼    |    | 0639 | ▼    | 0718 | ▼    | 0752 | ▼    | 0812 | ▼    | 0844 | ▼    | 0904 | ▼    | 0924 | ▼    | 0944 | ▼    | 1004 | ▼    | 1024 | ▼    | 1044 | ▼    |
|  |    |     | ▼    |    | 0643 | 0706 | 0723 | 0749 | 0758 | 0811 | 0818 | 0836 | 0850 | 0906 | 0910 | 0924 | 0930 | 0944 | 0950 | 1002 | 1010 | 1024 | 1030 | 1044 | 1050 | 1102 |
|  |    |     | ▼    |    | ▼    | 0708 | ▼    | 0751 | ▼    | 0813 | ▼    | 0838 | ▼    | 0908 | ▼    | 0926 | ▼    | 0946 | ▼    | 1004 | ▼    | 1026 | ▼    | 1046 | ▼    | 1104 |
|  |    |     | ▼    |    | 0656 | 0711 | 0810 | 0830 | 0900 | 0920 | 0940 | 1000 | 1020 | 1040 | 1100 |      |      |      |      |      |      |      |      |      |      |      |

|  |
|--|
| <b>Thorpe St Andrew</b> Sainsburys     |
| <b>South Hill Road</b> Charles Avenue  |
| <b>Gordon Avenue</b> Hillcrest Road    |
| <b>Booty Road</b> Woodlands Crescent   |
| <b>Plumstead Road East</b> Witard Road |
| <b>Salhouse Road</b> Homebase          |
| <b>Heartsease</b> Sale Road            |
| <b>Plumstead Road</b> The Heartsease   |
| <b>Rail Station</b> Wensum House       |
| <b>City Centre</b> Castle Meadow       |
| <b>City Centre</b> Theatre Street      |
| <b>Dereham Road</b> Adelaide Street    |
| <b>Dereham Road</b> Larkman Lane       |
| <b>Costessey</b> Jerningham Road       |
| <b>Costessey</b> Longwater Lane/Park   |
| <b>Roundwell Med Ctr</b> Longwater Ln  |
| <b>Roundwell Med Ctr</b> Dereham Rd    |
| <b>William Frost Way</b> Sainsburys    |
| <b>Longwater Retail Park</b> Pizza Hut |
| <b>Queens Hills</b> Kestrel Ave/School |

|  | 24 | 23A | 24A | 23A | 24 | 23 | 24   | 23A  | 24A  | 23A  | 24   | 23   | 24   | 23A  | 24A  | 23A  | 24   | 23   | 24   | 23A  | 24A  | 23A  | 24   |   |
|--|----|-----|-----|-----|----|----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|---|
|  | 03 | 23  | 43  |     |    |    | 1403 | 1423 | 1443 | 1503 | 1523 | 1543 | 1559 | 1617 | 1637 |      |      |      |      |      |      |      |      |   |
|  | 06 | ▼   | 46  |     |    |    | 1406 | ▼    | 1446 | 1506 | ▼    | 1546 | 1602 | ▼    | 1640 |      |      |      |      |      |      |      |      |   |
|  | 15 | ▼   | 55  |     |    |    | 1415 | ▼    | 1455 | 1515 | ▼    | 1555 | 1611 | ▼    | 1649 |      |      |      |      |      |      |      |      |   |
|  | ▼  | 25  | ▼   |     |    |    | ▼    | 1425 | ▼    | 1485 | ▼    | 1525 | ▼    | 1619 | ▼    |      |      |      |      |      |      |      |      |   |
|  | ▼  | 36  | ▼   |     |    |    | ▼    | 1436 | ▼    | 1496 | ▼    | 1536 | ▼    | 1630 | ▼    |      |      |      |      |      |      |      |      |   |
|  | ▼  | 12  | ▼   | 32  | ▼  | 52 | ▼    | 1412 | ▼    | 1432 | ▼    | 1452 | ▼    | 1512 | ▼    | 1532 | ▼    | 1549 | ▼    | 1606 | ▼    | 1626 | ▼    | ▼ |
|  | ▼  | 18  | ▼   | 38  | ▼  | 58 | ▼    | 1418 | ▼    | 1438 | ▼    | 1458 | ▼    | 1518 | ▼    | 1538 | ▼    | 1556 | ▼    | 1612 | ▼    | 1632 | ▼    | ▼ |
|  | 20 | 30  | 40  | 50  | 00 | 10 | 1420 | 1430 | 1440 | 1450 | 1500 | 1510 | 1520 | 1530 | 1540 | 1550 | 1600 | 1608 | 1616 | 1624 | 1634 | 1644 | 1654 |   |
|  | 29 | 39  | 50  | 59  | 09 | 19 | 1429 | 1439 | 1450 | 1459 | 1509 | 1521 | 1531 | 1541 | 1551 | 1601 | 1611 | 1619 | 1627 | 1635 | 1645 | 1655 | 1705 |   |
|  | 35 | 45  | 55  | 05  | 15 | 25 | 1435 | 1445 | 1455 | 1505 | 1515 | 1530 | 1540 | 1550 | 1600 | 1610 | 1620 | 1628 | 1636 | 1645 | 1655 | 1705 | 1715 |   |
|  | 40 | 50  | 00  | 10  | 20 | 30 | 1440 | 1450 | 1500 | 1510 | 1520 | 1535 | 1545 | 1555 | 1605 | 1615 | 1625 | 1633 | 1641 | 1650 | 1700 | 1710 | 1720 |   |
|  | 47 | 57  | 07  | 17  | 27 | 37 | 1447 | 1457 | 1507 | 1517 | 1527 | 1543 | 1555 | 1605 | 1615 | 1625 | 1635 | 1643 | 1651 | 1700 | 1710 | 1720 | 1730 |   |
|  | 55 | 05  | 15  | 25  | 35 | 45 | 1455 | 1505 | 1516 | 1526 | 1536 | 1553 | 1605 | 1615 | 1625 | 1635 | 1645 | 1653 | 1701 | 1710 | 1721 | 1731 | 1741 |   |
|  | ▼  | ▼   | ▼   | ▼   | ▼  | 49 | ▼    | ▼    | ▼    | ▼    | ▼    | 1558 | ▼    | ▼    | ▼    | ▼    | 1658 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼ |
|  | ▼  | 17  | ▼   | 37  | ▼  | ▼  | ▼    | 1519 | ▼    | 1540 | ▼    | ▼    | ▼    | 1630 | ▼    | 1650 | ▼    | ▼    | ▼    | 1725 | ▼    | 1743 | ▼    | ▼ |
|  | ▼  | 20  | ▼   | 40  | ▼  | 57 | ▼    | 1522 | ▼    | 1543 | ▼    | 1607 | ▼    | 1633 | ▼    | 1653 | ▼    | 1707 | ▼    | 1728 | ▼    | 1746 | ▼    | ▼ |
|  | 04 | ▼   | 24  | ▼   | 44 | ▼  | 1504 | ▼    | 1528 | ▼    | 1548 | ▼    | 1617 | ▼    | 1637 | ▼    | 1657 | ▼    | 1711 | ▼    | 1731 | ▼    | 1751 |   |
|  | 10 | 24  | 30  | 44  | 50 | 02 | 1510 | 1527 | 1535 | 1548 | 1555 | 1613 | 1624 | 1639 | 1644 | 1659 | 1704 | 1713 | 1718 | 1734 | 1738 | 1751 | 1758 |   |
|  | ▼  | 26  | ▼   | 46  | ▼  | 04 | ▼    | 1529 | ▼    | 1550 | ▼    | 1615 | ▼    | 1641 | ▼    | 1701 | ▼    | 1715 | ▼    | 1736 | ▼    | 1753 | ▼    | ▼ |
|  | 20 | 40  | 00  |     |    |    | 1522 | 1543 | 1603 | 1633 | 1653 | 1713 | 1733 | 1748 | 1805 |      |      |      |      |      |      |      |      |   |

|  |
|--|
| <b>Thorpe St Andrew</b> Sainsburys     |
| <b>South Hill Road</b> Charles Avenue  |
| <b>Gordon Avenue</b> Hillcrest Road    |
| <b>Booty Road</b> Woodlands Crescent   |
| <b>Plumstead Road East</b> Witard Road |
| <b>Salhouse Road</b> Homebase          |
| <b>Heartsease</b> Sale Road            |
| <b>Plumstead Road</b> The Heartsease   |
| <b>Rail Station</b> Wensum House       |
| <b>City Centre</b> Castle Meadow       |
| <b>City Centre</b> Theatre Street      |
| <b>Dereham Road</b> Adelaide Street    |
| <b>Dereham Road</b> Larkman Lane       |
| <b>Costessey</b> Jerningham Road       |
| <b>Costessey</b> Longwater Lane/Park   |
| <b>Roundwell Med Ctr</b> Longwater Ln  |
| <b>Roundwell Med Ctr</b> Dereham Rd    |
| <b>William Frost Way</b> Sainsburys    |
| <b>Longwater Retail Park</b> Pizza Hut |
| <b>Queens Hills</b> Kestrel Ave/School |

|  | 23   | 24   | 23A  | 24A  | 23A  | 24   | 23   | 23A  | 24   | 23   | 24B  | 23   | 24B  | 23   | 24B  |      |      |
|--|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
|  | 1657 | 1719 | 1744 |      |      | 1838 | 1933 | 2033 | 2133 | 2233 |      |      |      |      |      |      |      |
|  | 1700 | ▼    | 1747 |      |      | 1841 | 1936 | 2036 | 2136 | 2236 |      |      |      |      |      |      |      |
|  | 1709 | ▼    | 1755 |      |      | 1848 | 1943 | 2043 | 2143 | 2243 |      |      |      |      |      |      |      |
|  | ▼    | 1721 | ▼    |      |      | ▼    | ▼    | ▼    | ▼    | ▼    |      |      |      |      |      |      |      |
|  | ▼    | 1731 | ▼    |      |      | ▼    | ▼    | ▼    | ▼    | ▼    |      |      |      |      |      |      |      |
|  | 1646 | ▼    | 1706 | ▼    | 1731 | ▼    | 1756 | 1814 | ▼    | 1901 | ▼    | 2000 | ▼    | 2100 | ▼    | 2200 | ▼    |
|  | 1652 | ▼    | 1712 | ▼    | 1737 | ▼    | 1802 | 1820 | ▼    | 1907 | ▼    | 2007 | ▼    | 2107 | ▼    | 2207 | ▼    |
|  | 1704 | 1714 | 1724 | 1734 | 1749 | 1759 | 1812 | 1830 | 1852 | 1917 | 1947 | 2017 | 2047 | 2117 | 2147 | 2217 | 2247 |
|  | 1715 | 1725 | 1735 | 1745 | 1800 | 1810 | 1821 | 1839 | 1901 | 1925 | 1955 | 2025 | 2055 | 2125 | 2155 | 2225 | 2255 |
|  | 1725 | 1735 | 1745 | 1755 | 1805 | 1815 | 1830 | 1850 | 1910 | 1930 | 2000 | 2030 | 2100 | 2130 | 2200 | 2230 | 2300 |
|  | 1730 | 1740 | 1750 | 1800 | 1810 | 1820 | 1835 | 1853 | 1913 | 1933 | 2003 | 2033 | 2103 | 2133 | 2203 | 2233 | 2303 |
|  | 1740 | 1749 | 1759 | 1809 | 1819 | 1829 | 1842 | 1859 | 1919 | 1939 | 2009 | 2039 | 2109 | 2139 | 2209 | 2239 | 2309 |
|  | 1751 | 1758 | 1808 | 1818 | 1828 | 1837 | 1851 | 1907 | 1927 | 1945 | 2015 | 2045 | 2115 | 2145 | 2215 | 2245 | 2315 |
|  | 1755 | ▼    | ▼    | ▼    | ▼    | ▼    | 1855 | ▼    | 1949 | ▼    | 2049 | ▼    | 2149 | ▼    | 2249 | ▼    | ▼    |
|  | ▼    | ▼    | 1820 | ▼    | 1840 | ▼    | ▼    | 1918 | ▼    | ▼    | 2026 | ▼    | 2126 | ▼    | 2226 | ▼    | 2326 |
|  | 1803 | ▼    | 1823 | ▼    | 1843 | ▼    | 1903 | 1920 | ▼    | 1955 | 2028 | 2055 | 2128 | 2155 | 2228 | 2255 | 2328 |
|  | ▼    | 1806 | ▼    | 1826 | ▼    | 1845 | ▼    | ▼    | 1935 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    |
|  | 1809 | 1811 | 1828 | 1831 | 1848 | 1850 | 1908 | 1924 | 1940 | 1958 | 2032 | 2058 | 2132 | 2158 | 2232 | 2258 | 2332 |
|  | 1811 | ▼    | 1830 | ▼    | 1850 | ▼    | 1910 | 1926 | ▼    | ▼    | 2033 | ▼    | 2133 | ▼    | 2233 | ▼    | ▼    |
|  | 1819 | 1837 | 1906 |      |      |      | 1947 | 2006 |      |      | 2106 |      | 2206 |      | 2304 | 2339 |      |

bus times valid from 12 April 2026

Saturdays

|                                 |
|---------------------------------|
| Thorpe St Andrew Sainsburys     |
| South Hill Road Charles Avenue  |
| Gordon Avenue Hillcrest Road    |
| Booty Road Woodlands Crescent   |
| Plumstead Road East Witard Road |
| Salhouse Road Homebase          |
| Heartsease Sale Road            |
| Plumstead Road The Heartsease   |
| Rail Station Wensum House       |
| City Centre Castle Meadow       |
| City Centre Theatre Street      |
| Dereham Road Adelaide Street    |
| Dereham Road Larkman Lane       |
| Costessey Jerningham Road       |
| Costessey Longwater Lane/Park   |
| Roundwell Med Ctr Longwater Ln  |
| Roundwell Med Ctr Dereham Rd    |
| William Frost Way Sainsburys    |
| Longwater Retail Park Pizza Hut |
| Queens Hills Kestrel Ave/School |

| 23A  | 23A  | 23   | 24A  | 23A  | 24   | 23   | 24A  | 23A  | 24   | 23   | 24   | 23A  | 24A  | 23A  | 24   | 23   | 24 | 23A  | 24A | 23A  | 24 | 23   |   |      |   |      |   |      |   |      |  |
|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|----|------|-----|------|----|------|---|------|---|------|---|------|---|------|--|
|      |      |      | 0725 |      | 0755 |      | 0823 |      | 0843 |      | 0903 |      | 0923 |      | 0943 |      |    |      |     |      |    |      |   |      |   |      |   |      |   |      |  |
|      |      |      | ▼    |      | 0758 |      | ▼    |      | 0846 |      | 0906 |      | ▼    |      | 0946 |      |    |      |     |      |    |      |   |      |   |      |   |      |   |      |  |
|      |      |      | ▼    |      | 0806 |      | ▼    |      | 0855 |      | 0915 |      | ▼    |      | 0955 |      |    |      |     |      |    |      |   |      |   |      |   |      |   |      |  |
|      |      |      |      |      | 0727 |      | ▼    |      | 0825 |      | ▼    |      | ▼    |      | 0925 |      | ▼  |      |     |      |    |      |   |      |   |      |   |      |   |      |  |
|      |      |      |      |      | 0737 |      | ▼    |      | 0836 |      | ▼    |      | ▼    |      | 0936 |      | ▼  |      |     |      |    |      |   |      |   |      |   |      |   |      |  |
| 0612 | 0642 | 0709 | ▼    | 0739 | ▼    | 0809 | ▼    | 0835 | ▼    | 0847 | ▼    | 0912 | ▼    | 0932 | ▼    | 0952 |    |      |     |      |    |      |   |      |   |      |   |      |   |      |  |
| 0615 | 0645 | 0715 | ▼    | 0745 | ▼    | 0815 | ▼    | 0838 | ▼    | 0858 | ▼    | 0918 | ▼    | 0938 | ▼    | 0958 |    |      |     |      |    |      |   |      |   |      |   |      |   |      |  |
| 0625 | 0655 | 0725 | ▼    | 0755 | ▼    | 0810 | ▼    | 0825 | ▼    | 0840 | ▼    | 0850 | ▼    | 0900 | ▼    | 0910 | ▼  | 0920 | ▼   | 0930 | ▼  | 0940 | ▼ | 0950 | ▼ | 1000 | ▼ | 1010 |   |      |  |
| 0632 | 0702 | 0733 | ▼    | 0749 | ▼    | 0803 | ▼    | 0818 | ▼    | 0833 | ▼    | 0849 | ▼    | 0859 | ▼    | 0909 | ▼  | 0919 | ▼   | 0929 | ▼  | 0939 | ▼ | 0949 | ▼ | 0959 | ▼ | 1009 | ▼ | 1019 |  |
| 0637 | 0707 | 0740 | ▼    | 0755 | ▼    | 0810 | ▼    | 0825 | ▼    | 0840 | ▼    | 0855 | ▼    | 0905 | ▼    | 0915 | ▼  | 0925 | ▼   | 0935 | ▼  | 0945 | ▼ | 0955 | ▼ | 1005 | ▼ | 1015 | ▼ | 1025 |  |
| 0640 | 0710 | 0743 | ▼    | 0758 | ▼    | 0813 | ▼    | 0828 | ▼    | 0843 | ▼    | 0900 | ▼    | 0910 | ▼    | 0920 | ▼  | 0930 | ▼   | 0940 | ▼  | 0950 | ▼ | 1000 | ▼ | 1010 | ▼ | 1020 | ▼ | 1030 |  |
| 0645 | 0715 | 0749 | ▼    | 0804 | ▼    | 0819 | ▼    | 0834 | ▼    | 0849 | ▼    | 0907 | ▼    | 0917 | ▼    | 0927 | ▼  | 0937 | ▼   | 0947 | ▼  | 0957 | ▼ | 1007 | ▼ | 1017 | ▼ | 1027 | ▼ | 1037 |  |
| 0651 | 0721 | 0757 | ▼    | 0812 | ▼    | 0827 | ▼    | 0842 | ▼    | 0857 | ▼    | 0915 | ▼    | 0925 | ▼    | 0935 | ▼  | 0945 | ▼   | 0955 | ▼  | 1005 | ▼ | 1015 | ▼ | 1025 | ▼ | 1035 | ▼ | 1045 |  |
|      |      |      | ▼    | ▼    | 0801 | ▼    | ▼    | ▼    | 0901 | ▼    | ▼    | ▼    | ▼    | ▼    | 0949 | ▼    | ▼  | ▼    | ▼   | ▼    | ▼  | ▼    | ▼ | ▼    | ▼ | ▼    | ▼ | ▼    | ▼ | 1049 |  |
| 0701 | 0731 | ▼    | ▼    | 0839 | ▼    | ▼    | ▼    | ▼    | 0937 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼  | ▼    | ▼   | ▼    | ▼  | ▼    | ▼ | ▼    | ▼ | ▼    | ▼ | ▼    | ▼ | ▼    |  |
| 0703 | 0733 | 0809 | ▼    | 0841 | ▼    | 0909 | ▼    | 0940 | ▼    | 0957 | ▼    | 1020 | ▼    | 1040 | ▼    | 1057 |    |      |     |      |    |      |   |      |   |      |   |      |   |      |  |
|      | ▼    | ▼    | ▼    | 0819 | ▼    | 0849 | ▼    | 0924 | ▼    | 0944 | ▼    | 1004 | ▼    | 1024 | ▼    | 1044 | ▼  |      |     |      |    |      |   |      |   |      |   |      |   |      |  |
| 0706 | 0736 | 0814 | ▼    | 0824 | ▼    | 0845 | ▼    | 0854 | ▼    | 0914 | ▼    | 0930 | ▼    | 0944 | ▼    | 0950 | ▼  | 1002 | ▼   | 1010 | ▼  | 1024 | ▼ | 1030 | ▼ | 1044 | ▼ | 1050 | ▼ | 1102 |  |
| 0708 | 0738 | 0816 | ▼    | 0847 | ▼    | 0916 | ▼    | 0946 | ▼    | 1004 | ▼    | 1026 | ▼    | 1046 | ▼    | 1104 |    |      |     |      |    |      |   |      |   |      |   |      |   |      |  |
|      |      |      |      | 0840 |      | 0900 |      | 0940 |      | 1000 |      | 1020 |      | 1040 |      | 1100 |    |      |     |      |    |      |   |      |   |      |   |      |   |      |  |

then at the same mins past each hour

until

|                                 |
|---------------------------------|
| Thorpe St Andrew Sainsburys     |
| South Hill Road Charles Avenue  |
| Gordon Avenue Hillcrest Road    |
| Booty Road Woodlands Crescent   |
| Plumstead Road East Witard Road |
| Salhouse Road Homebase          |
| Heartsease Sale Road            |
| Plumstead Road The Heartsease   |
| Rail Station Wensum House       |
| City Centre Castle Meadow       |
| City Centre Theatre Street      |
| Dereham Road Adelaide Street    |
| Dereham Road Larkman Lane       |
| Costessey Jerningham Road       |
| Costessey Longwater Lane/Park   |
| Roundwell Med Ctr Longwater Ln  |
| Roundwell Med Ctr Dereham Rd    |
| William Frost Way Sainsburys    |
| Longwater Retail Park Pizza Hut |
| Queens Hills Kestrel Ave/School |

| 24   | 23A  | 24A  | 23A  | 24   | 23   | 24   | 23A  | 24A  | 23A  | 24   | 23   | 24   | 23A  | 24   | 23   | 24B  | 23   | 24B  | 23   | 24B  | 23   | 24B  |      |
|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 1603 |      | 1623 |      | 1643 |      | 1703 |      | 1723 |      | 1743 |      | 1803 |      | 1838 |      | 1933 |      | 2033 |      | 2133 |      | 2233 |      |
| 1606 |      | ▼    |      | 1646 |      | 1706 |      | ▼    |      | 1746 |      | 1806 |      | 1841 |      | 1936 |      | 2036 |      | 2136 |      | 2236 |      |
| 1615 |      | ▼    |      | 1655 |      | 1715 |      | ▼    |      | 1755 |      | 1815 |      | 1848 |      | 1943 |      | 2043 |      | 2143 |      | 2243 |      |
|      |      | ▼    |      | 1625 |      | ▼    |      | ▼    |      | 1725 |      | ▼    |      | ▼    |      | ▼    |      | ▼    |      | ▼    |      | ▼    |      |
|      |      | ▼    |      | 1636 |      | ▼    |      | ▼    |      | 1736 |      | ▼    |      | ▼    |      | ▼    |      | ▼    |      | ▼    |      | ▼    |      |
|      | ▼    | 1612 | ▼    | 1632 | ▼    | 1652 | ▼    | 1712 | ▼    | 1732 | ▼    | 1752 | ▼    | 1812 | ▼    | 1901 | ▼    | 2000 | ▼    | 2100 | ▼    | 2200 | ▼    |
|      | ▼    | 1618 | ▼    | 1638 | ▼    | 1658 | ▼    | 1718 | ▼    | 1738 | ▼    | 1758 | ▼    | 1818 | ▼    | 1907 | ▼    | 2007 | ▼    | 2107 | ▼    | 2207 | ▼    |
| 1620 | 1630 | 1640 | 1650 | 1700 | 1710 | 1720 | 1730 | 1740 | 1750 | 1800 | 1810 | 1820 | 1830 | 1852 | 1917 | 1947 | 2017 | 2047 | 2117 | 2147 | 2217 | 2247 |      |
| 1629 | 1639 | 1649 | 1659 | 1709 | 1719 | 1729 | 1739 | 1749 | 1759 | 1809 | 1819 | 1829 | 1839 | 1901 | 1925 | 1955 | 2025 | 2055 | 2125 | 2155 | 2225 | 2255 |      |
| 1635 | 1645 | 1655 | 1705 | 1715 | 1725 | 1735 | 1745 | 1755 | 1805 | 1815 | 1825 | 1835 | 1845 | 1910 | 1930 | 2000 | 2030 | 2100 | 2130 | 2200 | 2230 | 2300 |      |
| 1640 | 1650 | 1700 | 1710 | 1720 | 1730 | 1740 | 1750 | 1800 | 1810 | 1820 | 1830 | 1840 | 1850 | 1913 | 1933 | 2003 | 2033 | 2103 | 2133 | 2203 | 2233 | 2303 |      |
| 1647 | 1657 | 1707 | 1717 | 1727 | 1737 | 1747 | 1757 | 1807 | 1817 | 1827 | 1837 | 1847 | 1857 | 1919 | 1939 | 2009 | 2039 | 2109 | 2139 | 2209 | 2239 | 2309 |      |
| 1655 | 1705 | 1715 | 1725 | 1735 | 1745 | 1755 | 1805 | 1815 | 1825 | 1835 | 1845 | 1855 | 1905 | 1927 | 1945 | 2015 | 2045 | 2115 | 2145 | 2215 | 2245 | 2315 |      |
|      | ▼    | ▼    | ▼    | ▼    | ▼    | 1749 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | 1949 | ▼    | 2049 | ▼    | 2149 | ▼    | 2249 | ▼    |      |
|      | ▼    | 1717 | ▼    | 1737 | ▼    | ▼    | ▼    | 1817 | ▼    | 1837 | ▼    | ▼    | ▼    | 1917 | ▼    | ▼    | 2026 | ▼    | 2126 | ▼    | 2226 | ▼    | 2326 |
|      | ▼    | 1720 | ▼    | 1740 | ▼    | 1757 | ▼    | 1820 | ▼    | 1840 | ▼    | 1857 | ▼    | 1920 | ▼    | 1955 | 2028 | 2055 | 2128 | 2155 | 2228 | 2255 | 2328 |
| 1704 | ▼    | 1724 | ▼    | 1744 | ▼    | 1804 | ▼    | 1824 | ▼    | 1844 | ▼    | 1904 | ▼    | 1935 | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    | ▼    |
| 1710 | 1724 | 1730 | 1744 | 1750 | 1802 | 1810 | 1824 | 1830 | 1844 | 1850 | 1902 | 1910 | 1924 | 1940 | 1958 | 2032 | 2058 | 2132 | 2158 | 2232 | 2258 | 2332 |      |
|      | ▼    | 1726 | ▼    | 1746 | ▼    | 1804 | ▼    | 1826 | ▼    | 1846 | ▼    | 1904 | ▼    | 1926 | ▼    | 2033 | ▼    | 2133 | ▼    | 2233 | ▼    | 2333 |      |
| 1720 |      | 1740 |      | 1755 |      | 1819 |      | 1836 |      | 1906 |      | 1917 |      | 1947 |      | 2006 |      | 2106 |      | 2206 |      | 2304 | 2339 |

Sundays and public holidays

|                                 |
|---------------------------------|
| Thorpe St Andrew Sainsburys     |
| South Hill Road Charles Avenue  |
| Gordon Avenue Hillcrest Road    |
| Salhouse Road Homebase          |
| Heartsease Sale Road            |
| Plumstead Road The Heartsease   |
| Rail Station Wensum House       |
| City Centre Castle Meadow       |
| City Centre Theatre Street      |
| Dereham Road Adelaide Street    |
| Dereham Road Larkman Lane       |
| Costessey Jerningham Road       |
| Costessey Longwater Lane/Park   |
| Roundwell Med Ctr Longwater Ln  |
| William Frost Way Sainsburys    |
| Longwater Retail Park Pizza Hut |
| Queens Hills Kestrel Ave/School |

| 23A  | 23   | 24   | 23A  | 23 | 24 | 23A | 24   | 23A | 23   | 24   | 23A  | 23   | 24B  |      |      |      |
|------|------|------|------|----|----|-----|------|-----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
|      |      |      | 0928 |    | 28 |     | 1628 |     | 1728 |      | 1838 |      | 1938 |      | 2038 |      | 2138 |      | 2238 |      |      |      |      |      |
|      |      |      | 0933 |    | 33 |     | 1633 |     | 1733 |      | 1843 |      | 1943 |      | 2043 |      | 2143 |      | 2243 |      |      |      |      |      |
|      |      |      | 0940 |    | 40 |     | 1640 |     | 1740 |      | 1850 |      | 1950 |      | 2050 |      | 2150 |      | 2250 |      |      |      |      |      |
| 0835 | 0903 | ▼    | 0933 |    | 03 | ▼   | 33   |     | ▼    | 1633 | 1703 | ▼    | 1733 | 1803 | ▼    | 1905 | ▼    | 2005 | ▼    | 2105 | ▼    | 2205 | ▼    |      |
| 0840 | 0910 | ▼    | 0940 |    | 10 | ▼   | 40   |     | ▼    | 1640 | 1710 | ▼    | 1740 | 1810 | ▼    | 1913 | ▼    | 2013 | ▼    | 2113 | ▼    | 2213 | ▼    |      |
| 0852 | 0922 | 0943 | 0952 |    | 22 | 43  | 52   |     |      | 1643 | 1652 | 1720 | 1743 | 1750 | 1820 | 1853 | 1923 | 1953 | 2023 | 2053 | 2123 | 2153 | 2223 | 2253 |
| 0902 | 0932 | 0951 | 1002 |    | 32 | 51  | 02   |     |      | 1651 | 1702 | 1729 | 1751 | 1759 | 1829 | 1901 | 1931 | 2001 | 2031 | 2101 | 2131 | 2201 | 2231 | 2301 |
| 0910 | 0940 | 0954 | 1010 |    | 40 | 54  | 10   |     |      | 1654 | 1710 | 1736 | 1754 | 1806 | 1836 | 1906 | 1936 | 2006 | 2036 | 2106 | 2136 | 2206 | 2236 | 2306 |
| 0915 | 0945 | 0956 | 1015 |    | 45 | 56  | 15   |     |      | 1656 | 1715 | 1739 | 1756 | 1809 | 1839 | 1909 | 1939 | 2009 | 2039 | 2109 | 2139 | 2209 | 2239 | 2309 |
| 0922 | 0952 |      | 1022 |    | 52 |     | 22   |     |      | 1722 | 1744 |      | 1814 | 1844 | 1914 | 1944 | 2014 | 2044 | 2114 | 2144 | 2214 | 2244 | 2314 |      |
| 0930 | 1000 |      | 1030 |    | 00 |     | 30   |     |      | 1730 | 1752 |      | 1822 | 1852 | 1922 | 1952 | 2022 | 2052 | 2122 | 2152 | 2222 | 2252 | 2322 |      |
|      | ▼    | 1004 | ▼    |    | 04 |     | ▼    |     |      | ▼    | 1756 |      | ▼    | 1856 | ▼    | 1956 | ▼    | 2056 | ▼    | 2156 | ▼    | 2256 | ▼    |      |
| 0942 | ▼    |      | 1042 |    | ▼  |     | 42   |     |      | 1742 | ▼    |      | 1831 | ▼    | 1931 | ▼    | 2031 | ▼    | 2131 | ▼    | 2231 | ▼    | 2331 |      |
| 0945 | 1011 |      | 1045 |    | 11 |     | 45   |     |      | 1745 | 1801 |      | 1833 | 1901 | 1933 | 2001 | 2033 | 2101 | 2133 | 2201 | 2233 | 2302 | 2333 |      |
| 0949 | 1017 |      | 1049 |    | 17 |     | 49   |     |      | 1749 | 1805 |      | 1836 | 1905 | 1936 | 2005 | 2036 | 2105 | 2136 | 2205 | 2236 | 2305 | 2336 |      |
|      | ▼    | ▼    | ▼    |    | ▼  |     | ▼    |     |      | ▼    | ▼    | ▼    | ▼    | 1837 | ▼    | 1937 | ▼    | 2037 | ▼    | 2137 | ▼    | 2237 | ▼    |      |
| 1000 | 1030 |      | 1100 |    | 30 |     | 00   |     |      | 1755 | 1814 | </   |      |      |      |      |      |      |      |      |      |      |      |      |

