

Mondays to Fridays except public holidays

- Halesworth Durban Close
- Halesworth Saxons Way/Co-Op
- Halesworth Norwich Rd for Rail Stn
- Ilketshall St Lawrence School
- Bungay Hillside Rd West/Queens Rd
- Bungay St Johns Road layby
- Bungay Hillside Rd East/Co-op
- Bungay St Mary's Street
- Ditchingham Hollow Hill Road
- Woodton Kings Head
- Kirstead bus shelter
- Brooke St Peters Road
- Brooke Norwich Road/Kings Head
- Poringland Upgate
- Poringland Church
- Framingham Earl High School
- Stoke Holy Cross Wildebeest Arms
- Trowse bus shelter
- Lakenham Long John Hill/Cavell Rd
- City Centre St Stephens Street

- Halesworth Durban Close
- Halesworth Saxons Way/Co-Op
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- Brooke Norwich Road/Kings Head
- Poringland Upgate
- Poringland Church
- Framingham Earl High School
- Stoke Holy Cross Wildebeest Arms
- Trowse bus shelter
- Lakenham Long John Hill/Cavell Rd
- City Centre St Stephens Street

bus times valid from
1 November 2026

41	41	40A	41	41	40A	40	41	40A	40	41	40A	40	41	40A	40	41	40A	40	41	40A	40	41	40A
			0645				0800			0900			1000			1100			1200			1300	
			0651				0806			0906			1006			1106			1206			1306	
			0654				0809			0909			1009			1109			1209			1309	
			0701				0816			0916			1016			1116			1216			1316	
0619	0639		0709	0719			0824			0924			1024			1124			1224			1324	
0622	0642		0712	0722			0827			0927			1027			1127			1227			1327	
0624	0644		0714	0724			0829			0929			1029			1129			1229			1329	
0629	0649		0719	0729			0834			0934			1034			1134			1234			1334	
0634	0654		0724	0734			0839			0939			1039			1139			1239			1339	
0642	0702		0732	0742			0847			0947			1047			1147			1247			1347	
0649	0709		0739	0749			0854			0954			1054			1154			1254			1354	
0654	0714		0744	0754			0859			0959			1059			1159			1259			1359	
▼	▼		▼	▼			▼			▼			▼			▼			▼			▼	
▼	▼	0733	▼	▼	0808	0843	▼	0915	0943	▼	1015	1043	▼	1115	1143	▼	1215	1243	▼	1315	1343	▼	1415
0700	0720	0740	0750	0800	0815	0850	0905	0922	0950	1005	1022	1050	1105	1122	1150	1205	1222	1250	1305	1322	1350	1405	1422
0705	0725	▼	0755	0805	▼	0855	0910	▼	0955	1010	▼	1055	1110	▼	1155	1210	▼	1255	1310	▼	1355	1410	▼
▼	▼	0750	▼	▼	0825	▼	▼	0932	▼	▼	▼	1032	▼	▼	1132	▼	▼	1232	▼	▼	1332	▼	▼
▼	▼	0758	▼	▼	0833	▼	▼	0940	▼	▼	▼	1040	▼	▼	1140	▼	▼	1240	▼	▼	1340	▼	▼
0719	0739	▼	0809	0819	▼	0906	0921	▼	1006	1021	▼	1106	1121	▼	1206	1221	▼	1306	1321	▼	1406	1421	▼
0725	0745	0810	0815	0825	0845	0910	0925	0947	1010	1025	1047	1110	1125	1147	1210	1225	1247	1310	1325	1347	1410	1425	1447

40	41	40A	40	41	40A	40	41	X41	41	41A	41	X41	X41	X41	X41	
	1400			1500			1600		1705		1805	1910				
	1406			1506			1606		1711		1811	1915				
	1409			1509			1609		1714		1814	1918				
	1416			1516			1616		1721		1821	1925				
	1424			1524			1624	1710	1729	1805	1829	▼	2010	2100	2210	
	1427			1527			1627	1713	1732	1808	1832	▼	2013	2103	2213	
	1429			1529			1629	1715	1734	1810	1834	1932	2015	2105	2215	
	1434			1534			1634	1720	1739	1815	1839	1937	2020	2110	2220	
	1439			1539			1639	1725	1744	1820	1844	1942	2025	2115	2225	
	1447			1547			1647	▼	1752	1828	1852	▼	▼	▼	▼	
	1454			1554			1654	1735	1759	1835	1859	1952	2035	2125	2235	
	1459			1559			1659	▼	1804	1840	1904	▼	▼	▼	▼	
	▼			▼			▼	1738	▼	▼	▼	▼	1955	2038	2128	2238
1443	▼	1515	1543	▼	1615	1648	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼
1450	1505	1522	1550	1605	1622	1655	1705	1745	1810	1845	1910	2002	2045	2135	2245	
1455	1510	▼	1555	1610	▼	1700	1710	1750	1815	▼	1915	2007	2050	2140	2250	
▼	▼	1532	▼	▼	1632	▼	▼	▼	▼	1854	▼	▼	▼	▼	▼	▼
▼	▼	1540	▼	▼	1640	▼	▼	▼	▼	1902	▼	▼	▼	▼	▼	▼
1506	1521	▼	1606	1621	▼	1711	1721	▼	1826	▼	1926	▼	▼	▼	▼	▼
1510	1525	1547	1610	1625	1647	1715	1725	1805	1830	1909	1930	2022	2105	2155	2305	

• times at these stops are estimated

you'll find Saturday & Sunday timetables on the next page

Halesworth | Bungay | Poringland | Stoke Holy Cross | Norwich

40 40A 41

Saturdays																										
40	41A	40	41A	40	41	40A	40	41	40A	40	41	40A	40	41	40A	40	41	40A	40	41	40A	40	41	40A	40	41
					0800			0900			1000			1100			1200			1300			1400			
					0806			0906			1006			1106			1206			1306			1406			
					0809			0909			1009			1109			1209			1309			1409			
					0816			0916			1016			1116			1216			1316			1416			
	0649		0739		0824			0924			1024			1124			1224			1324			1424			
	0652		0742		0827			0927			1027			1127			1227			1327			1427			
	0654		0744		0829			0929			1029			1129			1229			1329			1429			
	0659		0749		0834			0934			1034			1134			1234			1334			1434			
	0704		0754		0839			0939			1039			1139			1239			1339			1439			
	0712		0802		0847			0947			1047			1147			1247			1347			1447			
	0719		0809		0854			0954			1054			1154			1254			1354			1454			
	0724		0814		0859			0959			1059			1159			1259			1359			1459			
	▼		▼		▼			▼			▼			▼			▼			▼			▼			
0653	▼	0753	▼	0843	▼	0915	0943	▼	1015	1043	▼	1115	1143	▼	1215	1243	▼	1315	1343	▼	1415	1443	▼			
0700	0730	0800	0820	0850	0905	0922	0950	1005	1022	1050	1105	1122	1150	1205	1222	1250	1305	1322	1350	1405	1422	1450	1505			
0705	▼	0805	▼	0855	0910	▼	0955	1010	▼	1055	1110	▼	1155	1210	▼	1255	1310	▼	1355	1410	▼	1455	1510			
▼	0740	▼	0830	▼	▼	0932	▼	▼	1032	▼	▼	1132	▼	▼	1232	▼	▼	1332	▼	▼	1432	▼	▼			
▼	0748	▼	0838	▼	▼	0940	▼	▼	1040	▼	▼	1140	▼	▼	1240	▼	▼	1340	▼	▼	1440	▼	▼			
0719	▼	0819	▼	0906	0921	▼	1006	1021	▼	1106	1121	▼	1206	1221	▼	1306	1321	▼	1406	1421	▼	1506	1521			
0725	0800	0825	0845	0910	0925	0947	1010	1025	1047	1110	1125	1147	1210	1225	1247	1310	1325	1347	1410	1425	1447	1510	1525			

40A	40	41	40A	40	41	41	41A	41	X41	X41	X41	X41
		1500			1600	1700		1800	1900			
		1506			1606	1706		1806	1905			
		1509			1609	1709		1809	1908			
		1516			1616	1716		1816	1915			
		1524			1624	1724	1801	1824	▼	2010	2100	2210
		1527			1627	1727	1804	1827	▼	2013	2103	2213
		1529			1629	1729	1806	1829	1922	2015	2105	2215
		1534			1634	1734	1811	1834	1927	2020	2110	2220
		1539			1639	1739	1816	1839	1932	2025	2115	2225
		1547			1647	1747	1824	1847	▼	▼	▼	▼
		1554			1654	1754	1831	1854	1942	2035	2125	2235
		1559			1659	1759	1836	1859	▼	▼	▼	▼
		▼			▼	▼	▼	▼	1945	2038	2128	2238
1515	1543	▼	1615	1643	▼	▼	▼	▼	▼	▼	▼	▼
1522	1550	1605	1622	1650	1705	1805	1841	1905	1952	2045	2135	2245
▼	1555	1610	▼	1655	1710	1810	▼	1910	1957	2050	2140	2250
1532	▼	▼	1632	▼	▼	▼	1850	▼	▼	▼	▼	▼
1540	▼	▼	1640	▼	▼	▼	1858	▼	▼	▼	▼	▼
▼	1606	1621	▼	1706	1721	1821	▼	1921	▼	▼	▼	▼
1547	1610	1625	1647	1710	1725	1825	1905	1925	2012	2105	2155	2305

Sundays and public holidays												
41A	X41	41A	X41	41A	X41	41A	X41	41A	X41			
0810	0910	1010	1110	1210	1310	1410	1510	1610	1710			
0813	0913	1013	1113	1213	1313	1413	1513	1613	1713			
0815	0915	1015	1115	1215	1315	1415	1515	1615	1715			
0820	0920	1020	1120	1220	1320	1420	1520	1620	1720			
0825	0925	1025	1125	1225	1325	1425	1525	1625	1725			
0833	▼	1033	▼	1233	▼	1433	▼	1633	▼			
0840	0935	1040	1135	1240	1335	1440	1535	1640	1735			
0845	▼	1045	▼	1245	▼	1445	▼	1645	▼			
▼	0938	▼	1138	▼	1338	▼	1538	▼	1738			
0850	0945	1050	1145	1250	1345	1450	1545	1650	1745			
▼	0950	▼	1150	▼	1350	▼	1550	▼	1750			
0859	▼	1059	▼	1259	▼	1459	▼	1659	▼			
0907	▼	1107	▼	1307	▼	1507	▼	1707	▼			
0914	1005	1114	1205	1314	1405	1514	1605	1714	1805			

bus times valid from
1 November 2026

• times at these stops are estimated

Norwich | Stoke Holy Cross | Poringland | Bungay | Halesworth

40 40A 41

Mondays to Fridays except public holidays

- City Centre St Stephens Street
- Lakenham Long John Hill/Cavell Rd
- Trowse bus shelter
- Stoke Holy Cross Wildebeest Arms
- Framingham Earl High School
- Poringland Church
- Poringland Upgate
- Brooke Norwich Road/Kings Head
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- Kirstead bus shelter
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- Ditchingham Hollow Hill Road
- Bungay Trinity Street
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- Bungay Hillside Rd West/Queens Rd
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- Halesworth Saxons Way/Co-Op
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- Bungay Trinity Street
- Bungay Hillside Rd East/Co-op
- Bungay Hillside Rd West/Queens Rd
- Bungay St Johns Road layby
- Ilketshall St Lawrence School
- Halesworth Norwich Rd for Rail Stn
- Halesworth Saxons Way/Co-Op
- Halesworth Durban Close

bus times valid from
1 November 2026

times at these stops are estimated

you'll find Saturday & Sunday timetables on the next page

41	40A	41	40	40A	41	40	40A	41	40	40A	41	40	40A	41	40	40A	41	40	40A	41	40	40A	41
0735	0815	0835	0855	0915	0935	0955	1015	1035	1055	1115	1135	1155	1215	1235	1255	1315	1335	1355	1415	1435	1455	1515	1535
0738	▼	0838	0858	▼	0938	0958	▼	1038	1058	▼	1138	1158	▼	1238	1258	▼	1338	1358	▼	1438	1458	▼	1538
▼	0822	▼	▼	0922	▼	▼	1022	▼	▼	1122	▼	▼	1222	▼	▼	1322	▼	▼	1422	▼	▼	1522	▼
▼	0830	▼	▼	0930	▼	▼	1030	▼	▼	1130	▼	▼	1230	▼	▼	1330	▼	▼	1430	▼	▼	1530	▼
0747	▼	0847	0907	▼	0947	1007	▼	1047	1107	▼	1147	1207	▼	1247	1307	▼	1347	1407	▼	1447	1507	▼	1547
0752	0840	0852	0912	0940	0952	1012	1040	1052	1112	1140	1152	1212	1240	1252	1312	1340	1352	1412	1440	1452	1512	1540	1552
0808	0843	▼	0915	0943	▼	1015	1043	▼	1115	1143	▼	1215	1243	▼	1315	1343	▼	1415	1443	▼	1515	1543	▼
▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼
0759	0859			0959				1059			1159			1259			1359			1459			1559
0804	0904			1004				1104			1204			1304			1404			1504			1604
0807	0907			1007				1107			1207			1307			1407			1507			1607
0818	0918			1018				1118			1218			1318			1418			1518			1618
0823	0923			1023				1123			1223			1323			1423			1523			1623
0828	0928			1028				1128			1228			1328			1428			1528			1628
0831	0931			1031				1131			1231			1331			1431			1531			1631
0834	0934			1034				1134			1234			1334			1434			1534			1634
0842	0942			1042				1142			1242			1342			1442			1542			1642
0849	0949			1049				1149			1249			1349			1449			1549			1649
0852	0952			1052				1152			1252			1352			1452			1552			1652
0855	0955			1055				1155			1255			1355			1455			1555			1655

40	41	40A	41	41	40A	41	X41	41A	X41	41A	X41	41A
1555	1610	1620	1640	1705	1725	1745	1815	1910	2010	2110	2210	2310
1558	1613	▼	1643	1708	▼	1748	▼	▼	▼	▼	▼	▼
▼	▼	1627	▼	▼	1732	▼	▼	1916	▼	2116	▼	2316
▼	▼	1635	▼	▼	1740	▼	▼	1924	▼	2124	▼	2324
1607	1622	▼	1652	1717	▼	1757	1827	▼	2022	▼	2222	▼
1612	1627	1645	1657	1722	1750	1802	1832	1933	2027	2133	2227	2333
1615	▼	1648	▼	▼	1753	▼	▼	▼	▼	▼	▼	▼
▼	▼	▼	▼	▼	▼	1836	▼	2031	▼	2231	▼	▼
1634			1704	1729		1809	▼	1938	▼	2138	▼	2338
1639			1709	1734		1814	1839	1943	2034	2143	2234	2343
1642			1712	1737		1817	▼	1946	▼	2146	▼	2346
1653			1723	1748		1828	1850	1957	2045	2157	2245	2357
1658			1728	1753		1833	1855	2002	2050	2202	2250	0002
1703			1733	1758		1838	1859	2006	2054	2206	2254	0006
1706			1736	1801		1841	1902	2009	2057	2209	2257	0009
						1739		1844	1905		2300	0012
						1747		1852				
						1754		1859				
						1757		1902				
						1800		1905				

Norwich | Stoke Holy Cross | Poringland | Bungay | Halesworth

40 40A 41

Saturdays																								
X41	41	40A	41	40	40A	41	40	40A	41	40	40A	41	40	40A	41	40	40A	41	40	40A	41	40	40A	
0650	0735	0815	0835	0855	0915	0935	0955	1015	1035	1055	1115	1135	1155	1215	1235	1255	1315	1335	1355	1415	1435	1455	1515	
▼	0738	▼	0838	0858	▼	0938	0958	▼	1038	1058	▼	1138	1158	▼	1238	1258	▼	1338	1358	▼	1438	1458	▼	
▼	▼	0822	▼	▼	0922	▼	▼	1022	▼	▼	1122	▼	▼	1222	▼	▼	1322	▼	▼	1422	▼	▼	1522	
▼	▼	0830	▼	▼	0930	▼	▼	1030	▼	▼	1130	▼	▼	1230	▼	▼	1330	▼	▼	1430	▼	▼	1530	
0702	0747	▼	0847	0907	▼	0947	1007	▼	1047	1107	▼	1147	1207	▼	1247	1307	▼	1347	1407	▼	1447	1507	▼	
0707	0752	0840	0852	0912	0940	0952	1012	1040	1052	1112	1140	1152	1212	1240	1252	1312	1340	1352	1412	1440	1452	1512	1540	
▼	0753	0843	▼	0915	0943	▼	1015	1043	▼	1115	1143	▼	1215	1243	▼	1315	1343	▼	1415	1443	▼	1515	1543	
0711	▼	▼	▼		▼			▼			▼	▼		▼	▼		▼		▼		▼		▼	
▼	0759		0859			0959			1059			1159			1259			1359			1459			
0714	0804		0904			1004			1104			1204			1304			1404			1504			
▼	0807		0907			1007			1107			1207			1307			1407			1507			
0725	0818		0918			1018			1118			1218			1318			1418			1518			
0730	0823		0923			1023			1123			1223			1323			1423			1523			
0735	0828		0928			1028			1128			1228			1328			1428			1528			
▼	0831		0931			1031			1131			1231			1331			1431			1531			
▼	0834		0934			1034			1134			1234			1334			1434			1534			
0742	0842		0942			1042			1142			1242			1342			1442			1542			
0749	0849		0949			1049			1149			1249			1349			1449			1549			
0752	0852		0952			1052			1152			1252			1352			1452			1552			
0755	0855		0955			1055			1155			1255			1355			1455			1555			

41	40	40A	41	41A	41	X41	41A	X41	41A	X41	41A
1535	1555	1615	1635	1700	1735	1815	1910	2010	2110	2210	2310
▼	1538	1558	▼	1638	▼	1738	▼	▼	▼	▼	▼
▼	▼	1622	▼	1706	▼	▼	1916	▼	2116	▼	2316
▼	▼	1630	▼	1714	▼	▼	1924	▼	2124	▼	2324
1547	1607	▼	1647	▼	1747	1827	▼	2022	▼	2222	▼
1552	1612	1640	1652	1723	1752	1832	1933	2027	2133	2227	2333
▼	1615	1643	▼	▼	▼	▼	▼	▼	▼	▼	▼
▼			▼	▼	▼	1836	▼	2031	▼	2231	▼
1559			1659	1728	1759	▼	1938	▼	2138	▼	2338
1604			1704	1733	1804	1839	1943	2034	2143	2234	2343
1607			1707	1736	1807	▼	1946	▼	2146	▼	2346
1618			1718	1747	1818	1850	1957	2045	2157	2245	2357
1623			1723	1752	1823	1855	2002	2050	2202	2250	0002
1628			1728	1756	1828	1900	2006	2054	2206	2254	0006
1631			1731	1759	1831	1903	2009	2057	2209		0009
1634			1734		1834						0012
1642			1742		1842						
1649			1749		1849						
▼	1652		1752		1852						
1655			1755		1855						

Sundays and public holidays											
41A	X41	41A	X41	41A	X41	41A	X41	41A	X41		
0810	0920	1010	1120	1210	1320	1410	1520	1610	1720		
0816	▼	1016	▼	1216	▼	1416	▼	1616	▼		
0824	▼	1024	▼	1224	▼	1424	▼	1624	▼		
▼	0932	▼	1132	▼	1332	▼	1532	▼	1732		
0833	0937	1033	1137	1233	1337	1433	1537	1633	1737		
▼	0941	▼	1141	▼	1341	▼	1541	▼	1741		
0838	▼	1038	▼	1238	▼	1438	▼	1638	▼		
0843	0944	1043	1144	1243	1344	1443	1544	1643	1744		
0846	▼	1046	▼	1246	▼	1446	▼	1646	▼		
0857	0955	1057	1155	1257	1355	1457	1555	1657	1755		
0902	1000	1102	1200	1302	1400	1502	1600	1702	1800		
0906	1004	1106	1204	1306	1404	1506	1604	1706	1804		
0909	1007	1109	1207	1309	1407	1509	1607	1709	1807		
0913	1013	1113	1213	1313	1413	1513	1613	1713	1810		

bus times valid from
1 November 2026

• times at these stops are estimated